

The Devonshire *Lifestyle*



Like Us!



Independent Living Community

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Sending Season's Greetings

With digital communication at our fingertips, mailing a greeting card may seem old-fashioned and quaint. But the tradition continues to thrive, with around 1.5 billion holiday cards sent every year in the U.S.

An Englishman named Sir Henry Cole created the first holiday card in 1843. A government worker and activist, Cole had just helped to reform the British post office, lowering postage to a penny so more people could afford to send mail. Cole was also very popular, and struggled to find time to respond to the many holiday letters he'd received. Motivated to solve two problems at once—promote the postal system and send quick greetings to his friends—Cole commissioned artist John Calcott Horsley to design a holiday postcard. The card's front showed scenes of a festive family dinner and people doing charitable deeds.

Improved printing methods helped popularize holiday cards in the following decades. Adorned with seasonal imagery such as snowy landscapes and indoor celebrations, the cards were treasured as artwork as well as mementos. By the turn of the century, companies in both the U.K. and the U.S. were printing millions of greeting cards each winter. The 1950s brought cards sold as charity fundraisers, as well as the first official White House holiday card.

Many people today send personalized photo cards as a way to update loved ones on their growing families.

DECEMBER 2022

A Note From Our Executive Director



Hello, and welcome to the busiest month of the year! Our special event theme this month is "Christmas Tree Forest". We will have multiple Christmas trees decorated throughout the building for everyone to enjoy along with great entertainment with Eddie Sal on December 21st. I would like to wish our residents and their families a

joyous season full of peace and love. Happy holidays!

Sincerely,
Natalie Fox
Executive Director

Memorable Melody: 'Peppermint Twist'

In 1962, Joey Dee and the Starlites put a new twist on a dance craze with their cool tune "Peppermint Twist." Inspired by the fad created by Chubby Checker's smash song "The Twist," Dee and record producer Henry Glover wrote their own lively version, and named it after the Peppermint Lounge, the New York City nightclub where the band performed. With an infectious rhythm and dance steps such as "round and round, up and down" in the lyrics, the song had fans following the Starlites' lead.

Winter Is Coming

The coldest season will begin Dec. 21.

**DECEMBER
2022**

Locations

Activities Room, AR
Courtyard, CY
Dining Room, DR
Windsor Room, WR

Country Store

Tuesday 11 a.m.-Noon
Thursday 10 a.m.-11 a.m.

Birthdays

Charles Harrison 12-4
LaJean Boyce 12-5
Carmen Bottjer 12-7
Maggie Rae Lawrence 12-7
Susanne Rice 12-31

**Bringing
Good Cheer**


"I shall try to make my life like an open fireplace, so that people may be warmed and cheered by it and so go out themselves to warm and cheer." —George Matthew Adams

Brainteaser

Question: An apple costs 40 cents, a banana costs 60 cents and a grapefruit costs 80 cents. How much does a pear cost?

Answer: 40 cents. Consonants are free, but each vowel costs 20 cents.

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."
—Martin Luther King Jr.

Sunday	Monday	Tuesday
		
<p>4</p> <p>9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Crossword Puzzles 2:00 Resident Lead Christmas Ornament Craft</p>	<p>5</p> <p>9:30 Grocery Orders with Amy 10:30 Bank Runs ☹️ 1:00 Wild Birds Unlimited "All About Crows" 2:00 Holiday Painting on Canvas 3:30 Exercise with Amy 4:00 MSNBC Evening News</p>	<p>6</p> <p>10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 2:30 Game "Wheel of Fortune" 3:30 Exercise with Amy 5:30 Scrabble Club</p>
<p>11</p> <p>9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Movie: Residents' Choice 5:30 Scrabble Club</p>	<p>12</p> <p>9:30 Bank Runs ☹️ 9:30 Grocery Orders with Amy 1:30 Hallmark Christmas Movie 4:00 MSNBC Evening News 5:30 Scrabble Club</p>	<p>13</p> <p>10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 2:30 Egg Nog Social 3:30 Exercise with Amy 5:30 Scrabble Club</p>
<p>18</p> <p>9:30 Jigsaw Puzzles 10:00 Worship with Pastor Davis 2:00 Resident Lead Christmas Gift Craft 5:30 Dominos</p>	<p>19</p> <p>9:30 Grocery Orders with Amy 10:30 Bank Runs ☹️ 1:30 Manicures & Music 3:30 Exercise with Amy 4:00 MSNBC Evening News 6:00 Bingo with Northampton Women's Club, AR</p>	<p>20</p> <p>10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 2:30 Game "Codenames" 3:30 Exercise with Amy 5:30 Scrabble Club</p>
<p>25</p> <p>Christmas 9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Movie: Residents' Choice 2:00 Movie: Residents' Choice</p>	<p>26</p> <p>9:30 Grocery Orders with Amy 1:00 Trip to AMC Movie Theatre ☹️ 1:30 Crossword Puzzles 4:00 MSNBC Evening News 5:30 Board Games</p>	<p>27</p> <p>10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 3:00 Chocolate Chip Cookies 3:30 Exercise with Amy 5:30 Scrabble Club</p>

Wednesday	Thursday	Friday	Saturday
	<p style="text-align: right;">1</p> 10:00 Country Store\$ 10:30 Exercise With Legacy 10:45 Second Street American Bistro☞ 1:30 Jackpot Bingo\$ 2:30 Game: Family Feud 4:00 Easy Listening Music Hour	<p style="text-align: right;">2</p> 9:30 Indoor Walking 10:00 Grocery Shopping at Food Lion☞ 1:00 Shopping at Five Below☞ 3:00 Happy Hour 4:00 MSNBC Evening News	<p style="text-align: right;">3</p> 9:00 Holiday Word Search Puzzles 1:00 Scenic Ride☞ 1:30 Movie: Residents' Choice 5:30 Scrabble Club
<p style="text-align: right;">7</p> 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:00 Hot Dog Bar\$ 2:00 Presentation on Patriot Angels 2:30 Manicures & Music 5:00 Dominos	<p style="text-align: right;">8</p> 9:45 Trip to Virginia Living Museum☞ 10:30 Exercise With Legacy 2:00 Jackpot Bingo\$ 3:00 Country Store\$ 4:00 Easy Listening Music Hour	<p style="text-align: right;">9</p> 9:30 Indoor Walking 10:00 Grocery Shopping at Harris Teeter☞ 1:00 Shopping Trip to DAV Thrift Store☞ 3:00 Happy Hour 4:00 MSNBC Evening News	<p style="text-align: right;">10</p> 9:00 Holiday Word Search Puzzles 10:00 Rummy 1:30 Movie: Residents' Choice 2:00 Performance with Students from Jennifer's Violin Studio DR♪ 5:30 Scrabble Club
<p style="text-align: right;">14</p> 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:30 Jackpot Bingo 2:30 Health Talk w/ Legacy 5:00 Bus Trip to Celebration in Lights☞	<p style="text-align: right;">15</p> National Wear Your Pearls Day 10:00 Country Store\$ 10:30 Exercise With Legacy 5:30 Entertainment with Eddie Sal♪ 5:30 Special Event "Christmas Tree Forest"	<p style="text-align: right;">16</p> 9:30 Indoor Walking 10:00 Grocery Shopping at Walmart☞ 1:00 Shopping Trip to Dollar Tree☞ 3:00 Happy Hour at Park Lane Tavern☞ 4:00 MSNBC Evening News	<p style="text-align: right;">17</p> 9:00 Holiday Word Search Puzzles 10:00 Shopping at The Christmas Mouse☞ 11:30 Lunch at Food For Thought\$ 1:30 Movie: Residents' Choice 5:30 Scrabble Club
<p style="text-align: right;">21</p> National Crossword Puzzle Day 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:00 Town Hall Meeting 2:00 Game: Left Right Center 3:30 Hot Cocoa & Conversation 5:00 Dominos	<p style="text-align: right;">22</p> 10:00 Country Store\$ 10:30 Exercise With Legacy 1:30 Jackpot Bingo\$ 3:00 White Elephant Christmas Gift Exchange 6:00 Resident Christmas Caroling	<p style="text-align: right;">23</p> 9:30 Indoor Walking 10:00 Grocery Shopping at Lidl☞ 1:00 Shopping at Big Lots☞ 3:00 December Birthday Celebration 4:00 MSNBC Evening News	<p style="text-align: right;">24</p> 9:00 Holiday Word Search Puzzles 10:00 Dominos 1:30 Christmas Movie 5:30 Scrabble Club
<p style="text-align: right;">28</p> 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:30 Poetry Reading 3:30 Exercise with Amy 5:00 Dominos	<p style="text-align: right;">29</p> 10:00 Country Store\$ 10:30 Exercise With Legacy 1:30 Jackpot Bingo\$ 2:30 Menu Chat with Tom 4:00 Easy Listening Music Hour	<p style="text-align: right;">30</p> 9:30 Indoor Walking 10:00 Grocery Shopping at Kroger☞ 1:00 Shopping trip to Gabe's☞ 3:00 New Year's Celebration 4:00 MSNBC Evening News	<p style="text-align: right;">31</p> 9:00 Holiday Word Search Puzzles 10:00 Rummy 1:30 Movie: Residents' Choice 5:30 NBC New Year's Eve Special

December Employee of the Month



Our December employee of the month is Mikayla Huerta. She is our Administrative Assistant. You will often see her smiling face at our front desk assisting Residents and our guests. She enjoys learning about our residents and listening to their stories. Mikayla has been employed with The Devonshire for 3 months. She is married and has a 1-year-old son. In her free time, she enjoys taking pictures, and spending time with family and friends. Her favorite food is spaghetti. Her dream vacation spot is Jamaica. She hopes to plan a trip soon!

Have a Cozy Night In

Why go out when you can stay in and have an evening all to yourself? If you find yourself feeling guilty for saying no to activities and relaxing instead, focus on making your night at home a special one. Dress in your coziest socks and sweats, warm up a soothing beverage, dim the lights, and settle in with a book or feel-good movie for some ultimate me time.

Memorable Melody: 'Jingle Bell Rock'

Turn on the radio or enter a shopping mall this time of year, and you're bound to hear this hoppin' holiday hit, released by Bobby Helms in 1957. Written by two admen, Joseph Carleton Beal and James Ross Boothe, and featuring guitarist Hank Garland, the song mixes elements of the classic carol "Jingle Bells" with trendy tunes of the era, including "Rock Around the Clock." Within two days of its debut, "Jingle Bell Rock" became a top 10 single, and continues to dominate the airwaves every holiday season.



Laugh Lines: Eat, Drink and Be Merry

The gingerbread man went to the medical clinic because he had a sore knee. After examining it, the doctor said, "Have you tried icing it?"

Q: Why did the gingerbread man go to the dentist?

A: He had gingervitis.

Q: What does gingerbread do when it's done baking?

A: It just loafa around.

Q: What is a gingerbread man's favorite drink?

A: Ginger ale.

Q: How would you rate the eggnog?

A: It's egg-cellent.

Q: Who tells the best eggnog jokes?

A: Comedi-hens!

Q: What's a fun party activity to do while drinking eggnog?

A: Singing kara-yolkie!

Q: What happens when no one comes to your holiday party?

A: You can have your fruitcake and eat it too.

Q: Why is history like a fruitcake?

A: Because it's full of dates.

Q: When is a fruitcake like a golf ball?

A: When it's been sliced.

Q: Why was the German tourist searching for fruitcake?

A: It was stolen.