

The Devonshire *Lifestyle*



Like Us!



Independent Living Community

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NOVEMBER 2022

A Note From Our Executive Director



Hello, everyone, and welcome to November! There's excitement in the air as we begin preparing for the holidays. Our community will be hosting a bounty of festivities in the next couple of months, and we hope everyone can join us for the activities we have planned. As always, we are thankful for our residents and their families.



A Tribute to Veterans

Veterans Day on Nov. 11 is a federal holiday that honors all men and women who have served in the U.S. armed forces. Originally called Armistice Day, the day marks the 11th hour of the 11th day of the 11th month of 1918 when an armistice between Germany and the Allies went into effect, ending World War I.



Wit & Wisdom

"Thanksgiving is a time of togetherness and gratitude."

—Nigel Hamilton

"I love Thanksgiving because it's a holiday that is centered around food and family."

—Marcus Samuelsson

"Thanksgiving is a joyous invitation to shower the world with love and gratitude."

—Amy Leigh Mercree

"Thanksgiving. That's the day people celebrate having food by eating as much of it as possible. ... That's the day people try to eat every turkey, pumpkin, and cranberry on the face of the earth. It's a tradition."

—Jim Davis

"An optimist is a person who starts a new diet on Thanksgiving Day."

—Irv Kupcinet

"Thanksgiving is the holiday that encompasses all others. All of them, from Martin Luther King Day to ... Valentine's Day, are in one way or another about being thankful."

—Jonathan Safran Foer

"Thanksgiving Day is a good day to recommit our energies to giving thanks and just giving."

—Amy Grant

"Thanksgiving just gets me all warm and tingly and all kinds of wonderful inside."

—Willard Scott

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Locations

Activities Room, AR
Courtyard, CY
Dining Room, DR
Windsor Room, WR

Country Store

Tuesday 11 a.m.-Noon
Thursday 10 a.m.-11 a.m.

Birthdays

11-8 Jane Ozmer
11-16 Keren Cabell
11-27 Patricia Dixon

This Month’s

Moon

In the very early morning hours of Nov. 8, most of North America will get to see a total lunar eclipse, when the moon enters the Earth’s shadow and turns a coppery shade of red. Unlike a solar eclipse, a lunar eclipse is completely safe to photograph and view with the naked eye. Called a blood moon because of its color, the next total lunar eclipse won’t happen until 2025.

‘Serve’ Is One

How many words can you come up with using the letters in “Veterans Day”?

“Care less for your harvest than for how it is shared, and your life will have meaning and your heart will have peace.”
—Kent Nerburn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 2:30 Game: Trivial Pursuit 3:30 Exercise with Amy 5:30 Scrabble Club	2 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:30 Jackpot Bingo 2:30 Brain Games w/ Legacy, AR 3:30 Book Club Meeting 5:00 Dominos	3 10:00 Bus Trip to New Kent Winery🚌 10:30 Exercise With Legacy 1:30 Movie: Residents’ Choice 4:00 Easy Listening Music Hour 5:30 Tabletop Games	4 9:30 Crossword Puzzles 10:00 Grocery Shopping at Kroger🚌 1:00 Shopping Trip to Marshalls🚌 3:00 Happy Hour 4:00 MSNBC Evening News	5 9:00 Word Search Puzzles 1:00 Scenic Ride🚌 2:00 Movie: Residents’ Choice 5:30 Scrabble Club
6 9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents’ Choice	7 9:30 Grocery Orders with Amy 10:30 Bank Runs🚌 1:00 Popcorn & A Movie “Elvis” 3:45 Exercise with Amy 4:00 MSNBC Evening News	8 10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 2:30 Game “Codenames” 3:30 Exercise with Amy 5:30 Scrabble Club	9 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:00 Hot Dog Bar\$ 2:30 Brain Games w/ Legacy, AR 3:30 Wii Game: Wii Sports 5:00 Dominos	10 10:00 Country Store\$ 10:30 Exercise With Legacy 1:30 Jackpot Bingo\$ 3:00 Wii Game: Wii Sports 4:00 Easy Listening Music Hour	11 Veterans Day 9:30 Morning News 10:00 Grocery Shopping at Walmart🚌 2:00 Veterans Pinning Ceremony DR 4:00 Golden Oldies Music 5:30 Scrabble Club	12 9:00 Word Search Puzzles 11:30 Entertainment with Jon Durfee DR🎵 11:30 Thanksgiving Feast DR 2:00 Movie: Residents’ Choice 5:30 Scrabble Club
13 World Kindness Day 9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents’ Choice	14 National Pickle Day 9:30 Grocery Orders with Amy 10:30 Bank Runs🚌 1:30 Pickle Tasting AR 2:00 Manicures & Music 3:30 Exercise with Amy 4:00 MSNBC Evening News	15 10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 2:30 Game: Family Feud 3:30 Exercise with Amy 5:30 Scrabble Club	16 National Fast Food Day 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 11:00 Lunch Take Out AR 1:00 Town Hall Meeting 2:30 Brain Games w/ Legacy, AR 5:00 Dominos	17 10:00 Country Store\$ 10:30 Exercise With Legacy 11:00 Lunch Outing to Smoke🚌 1:30 Jackpot Bingo\$ 4:00 Easy Listening Music Hour	18 9:30 Jigsaw Puzzles 10:00 Grocery Shopping at Food Lion🚌 1:30 Dominos 3:00 November Birthday Celebration 4:00 MSNBC Evening News	19 Play Monopoly Day 9:00 Word Search Puzzles 10:00 Bus Trip to Ollies🚌 2:00 Movie: Residents’ Choice 5:30 Game: Monopoly
20 9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents’ Choice	21 9:30 Grocery Orders with Amy 10:30 Bank Runs🚌 1:00 Baking Club “No Bake Chocolate Cookies” WR 3:30 Exercise with Amy 4:00 MSNBC Evening News 6:00 Bingo with Northampton Women’s Club, AR	22 10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 2:30 “Thankful Chat” with snacks 3:30 Exercise with Amy 5:30 Scrabble Club	23 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:00 Jackpot Bingo 2:30 Brain Games w/ Legacy, AR 3:30 Dominos 5:30 Movie: Residents’ Choice	24 Thanksgiving 9:00 Macy’s Thanksgiving Day Parade 1:30 Movie: Residents’ Choice 4:00 Easy Listening Music Hour 5:30 Dominos	25 Black Friday 10:00 Shopping Trip to JC Penney 1:00 Grocery Shopping at Lidl🚌 3:00 Happy Hour at Park Lane Tavern 4:00 MSNBC Evening News	26 9:00 Word Search Puzzles 10:00 Scenic Ride🚌 2:00 Movie: Residents’ Choice 5:30 Scrabble Club
27 9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents’ Choice	28 9:30 Grocery Orders with Amy 10:30 Bank Runs🚌 1:30 Manicures & Music 3:30 Exercise with Amy 4:00 MSNBC Evening News	29 10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo 2:30 Game: Penny Ante 3:30 Exercise with Amy 5:30 Scrabble Club	30 9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:00 Craft Hour: Christmas Ornaments 2:30 Brain Games w/ Legacy, AR 3:30 Wii Game: Jeopardy 5:00 Dominos			

November Employee of the Month



Our November employee of the month is Chandra Waters. She works at our front desk as a Concierge part time and has been employed with us over a year.

She enjoys working here at The Devonshire because it feels like a home environment. She enjoys coming to work, meeting new people, and helping out our residents with various things. During her time off, she enjoys cooking, reading and counseling kids at her church. She is also a Veteran. She was an operations specialist in the Navy for 14 years. She has traveled to many places, but her dream vacation is to go to Jamaica.

Food Drive

Our community is getting into the spirit of Thanksgiving by giving back. Please help us by donating nonperishable food items. We have a donation box in the Country Store. All donations will be sent to the Food Bank.

Family Games for After the Feast

The dishes are done, the leftovers are put away, and now is the time for a slice of pie and some good old-fashioned fun. These party games are sure to score big points at holiday gatherings.

Charades. This classic activity requires players to silently act out a word or phrase for their teammates to guess before the timer runs out. Add a seasonal spin by suggesting festive phrases to guess, such as "turkey" or "parade."

Who am I? Write down the names of famous people, real or fictional, on sticky notes. On each player's turn, they blindly choose a sticky note to place on their forehead. The other players must give clues to help the person guess the mystery identity. Simple, but silly!

Blindfolded sketch. Giggle till you gobble by blindfolding players and instructing them to draw a turkey on a piece of paper. Give step-by-step directions, and award points for every body part that's in the right spot!

Board and card games. The classics rarely disappoint. Pull out board games you have on hand and vote on which one to play. A deck of cards provides endless opportunities for group fun, from crazy eights to rummy to spoons.

A to Z gratitude. Go around the table and have each person share something they're thankful for, but it has to start with the next letter of the alphabet. Continue until all letters have been used.



Apple-Cranberry Cobbler

Ingredients:

- Nonstick cooking spray
- 5 apples, peeled, cored and cut into 1/2-inch-thick slices
- 1 1/2 cups fresh or frozen cranberries
- 2 teaspoons lemon juice
- 1 teaspoon vanilla extract
- 1/2 cup granulated sugar
- 2 tablespoons cornstarch
- 1/2 teaspoon ground cinnamon
- 1 container (10.2 ounces) refrigerated homestyle biscuits, quartered
- 2 tablespoons butter, melted
- 2 tablespoons sparkling sugar

Directions:

Heat oven to 375° F.

Prepare pie pan with nonstick cooking spray.

In large bowl, mix apple slices, cranberries, lemon juice and vanilla extract.

In small bowl, whisk sugar, cornstarch and cinnamon. Stir into fruit mixture.

Spoon mixture into prepared pan. Cover with foil. Bake on cookie sheet 40 to 45 minutes. Remove from oven.

Toss biscuits in melted butter. Distribute cut biscuits over fruit. Sprinkle biscuits with sparkling sugar.

Return to oven and bake 18 to 20 minutes. Remove from oven.

Let cool 15 minutes before serving.

Find more recipes at
www.Culinary.net.

A Fruitful Future

"Let us learn to appreciate there will be times when the trees will be bare, and look forward to the time when we may pick the fruit."
—Anton Chekhov