

October Birthstone

October is another month with two birthstone choices — tourmaline and opal.

Tourmaline:

Tourmaline has become a favorite gemstone among jewelry designers and gem collectors the world over. Since it is available in a wide variety of colors, it is ideally suited to almost anyone’s taste. Tourmaline also is known for displaying several colors in the same gemstone. These bi-colored or tri-colored gems are formed in many combinations; gemstones with clear color distinctions are highly prized. One multi-color variety is known as watermelon tourmaline and features green, pink and white colored bands; to resemble its namesake, the gemstone is cut into thin slices having a pink center, white ring and green edge. Tourmaline is found in many localities including Brazil, Afghanistan, East Africa and the USA.



Opal:

The name opal derives from the Greek Opallow, meaning “to see a change (of color).” Opals range in color from milky white to black with flashes of yellow, orange, green, red and blue. An opal’s beauty is the product of contrast between its color play and its background. Opal is a formation of non-crystalline silica gel that seeped into crevices in the sedimentary strata. Through time and nature’s heating and molding processes, the gel hardened into the form of opals. The opal is composed of particles closely packed in spherical arrangements. When packed together in a regular pattern, a three-dimensional array of spaces are created that give opal its radiance (www.americangemsociety.org).



Opal

Great Job, Ladies in Arts and Crafts!

Be sure to join us Tuesday at 2:30 p.m. in the Craft Room.



Corn Hole



What a good game of corn hole we had! Be sure to join us at the next one.



The Devonshire

Lifestyle

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THE DEVONSHIRE
A RETIREMENT COMMUNITY

Like Us!

October 2017

Welcome Our New Residents!

Please take the time to introduce yourself to our new residents, Mr. Stefula in apartment 316, Ruby Stevenson in apartment 221, Judy Hill in apartment 201 and George and Betty Palko in apartment 301. Let’s make sure to give them a warm welcome!

Remember for every new resident referred by a current resident, there is a \$250 resident referral bonus, good off one month’s rent.

Favorite Fall Flavors

As the leaves on the trees turn from green to glorious shades of red, orange and yellow, another unmistakable sign of autumn makes an appearance on grocery store shelves and restaurant menus: the flavors of the season. Which of the following is your No. 1 pick?

Pumpkin spice: This orange squash has long been a popular fall dessert ingredient, but pumpkin spice — a blend of pumpkin, cinnamon, nutmeg, ginger and allspice — now reigns as the king of fall flavors, ever since Starbucks introduced its pumpkin spice latte in 2003.

Salted caramel: Specialty sea salt is the perfect partner for caramel, the chewy confection made by boiling sugar and mixing in cream, butter and vanilla. The sweet-and-salty combination was first developed in France before showing up stateside in ice cream, coffee drinks, chocolate candies, brownies, cookies and more.

Apple cider: From a cup of freshly pressed, cold apple cider to a steaming mug of mulled cider, this flavor is one of the most fragrant that fall has to offer. The seasonal beverage is often featured in muffins and other sweets, including apple cider donuts, a favorite at fall festivals.

Maple: This rich, dark sap harvested from maple trees is traditionally drizzled on pancakes and waffles, and can be used in baked goods or added to coffee, tea or ice cream. Maple’s earthy sweetness also pairs well with savory and salty foods such as sausage, bacon, pork chops and nuts.

October Word Find

Word Bank:	Opal
October	Pomegranate
Bat	Candy Corn
Halloween	Cape
Harvest	Cemetery
Spook	Boo
Pumpkin	Raven
Columbus Day	Crypt
Wear Pink Day	

B Y O S T P Y R C C Y
H A L L O W E E N E A
R D T W L L M B A M D
N S M H L O E O T E K
I U A R A A C T K T N
K B L B A R P C O E I
P M E E N V V O O R P
M U D R K V E E P Y R
U L O O M E P N S A A
P O M E G R A N A T E
B C A N D Y C O R N W





Locations

Activities Room, AR
Court Yard, CY
Craft Room, CR
Dining Room, DR
Game Room, GR
Windsor Room, WR

Transportation Schedule

Monday
9:30 a.m.
Bank Runs

Tuesday & Wednesday
8:30-11 a.m. (Hampton Only)
Dr. Runs

Tuesday & Wednesday
1-4 p.m. (Newport News Only)
Dr. Runs

Thursday
11:10 a.m.
Lunch Outings

Friday
9:45 a.m.
Farm Fresh & Aldi

Saturday
10 a.m.
Food Lion

Birthdays

Rufus Easter, 5th
Evelyn Easter, 14th
William "Bill" Owens, 17th
Elizabeth "Liz" Green, 20th
Robert "Bob" Davis, 21st
Barbara Richards, 22nd
Vida Williams, 23rd
Richard Pawlewicz, 30th

"Cats are intended to teach us that not everything in nature has a function."

—Garrison Keillor

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:20 Sunday School, WR 6:00 Cinema Sunday, AR	2 9:30 Banks 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 1:00 Gabe’s 2:00 Bridge 3:00 Cookie Bake-Off Contest, AR	3 9:10 Swimmers 10:00 Coffee Klatch, AR 1:00 Prize Bingo, AR 2:30 Arts & Crafts, CR	4 9:45 Morning Walk 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 1:00 Name That Landmark, AR 3:00 Horse Shoes, AR	5 9:10 Swimmers 11:10 Lunch Outing 2:00 Jackpot Bingo, AR 3:30 Trivia Hour	6 9:45 Farm Fresh 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 12:45 Walmart 3:30 Happy Hour, AR	7 10:00 Food Lion 1:00 Resident Canasta, AR 2:00 Goodwill 6:00 Chosen Generation Ministries Bible Study, WR
8 9:20 Sunday School, WR 2:30 Oktoberfest w/Up Tempo Entertainment, DR 6:00 Cinema Sunday, AR	9 COLUMBUS DAY 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 1:00 Dollar Tree 2:00 Bridge 3:30 Game of Pool, GR	10 9:10 Swimmers 9:30 Banks 10:00 Coffee Klatch, AR 1:00 Prize Bingo, AR 3:00 Wine & Cheese Tasting, CR	11 9:45 Morning Walk 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 1:30 Fall Harvest Health Fair, AR	12 9:10 Swimmers 10:15 Bookmobile, AR 11:10 Lunch Outing 1:00 Scrabble, AR 3:00 National Dessert Day Social!, AR	13 9:45 Aldi Grocery Store 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 1:00 Act II Consignment 3:30 Happy Hour, AR	14 10:00 Food Lion 1:00 Resident Canasta, AR 2:00 JCPenny 6:00 Cinema Saturday w/Popcorn, AR
15 9:20 Sunday School, WR 6:00 Cinema Sunday, AR	16 9:30 Banks 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 1:00 At Home Store 2:00 Bridge 3:30 Game of Pool, GR	17 9:10 Swimmers 10:00 Coffee Klatch, AR 1:00 Prize Bingo, AR 2:30 Arts & Crafts, CR	18 9:45 Morning Walk 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 1:00 Chocolate Cupcake Day Social!, AR 3:00 Faces & Places Memory Game, WR	19 9:10 Swimmers 11:10 Lunch Outing 2:00 Elegante’s Fashion Show, DR 4:00 Uno Card Game, AR	20 Wear Pink Day 9:45 Farm Fresh 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 12:45 Walmart 3:30 Happy Hour, AR	21 10:00 Food Lion 1:00 Resident Canasta, AR 2:00 Target
22 9:20 Sunday School, WR 2:00 Sharon Baptist Church, A/L Dining 6:00 Cinema Sunday, AR	23 9:30 Banks 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 1:00 Dollar Tree 2:00 Bridge 3:30 Game of Pool, GR	24 9:10 Swimmers 10:00 Coffee Klatch, AR 1:00 Prize Bingo, AR 2:30 Arts & Crafts, CR	25 9:45 Morning Walk 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 1:00 Nail Care, AR 3:30 Scrabble, AR	26 9:10 Swimmers 10:15 Bookmobile, AR 11:10 Lunch Outing 1:30 Aging in Place in Service, AR 3:30 Spades Card Game, AR	27 9:45 Aldi Grocery Store 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 2:00 Birthday Party w/ Vinnie Knight, DR 3:30 Happy Hour, AR	28 10:00 Food Lion 1:00 Resident Canasta, AR 2:00 Kmart 6:00 Cinema Saturday w/Popcorn, AR
29 9:20 Sunday School, WR 2:30 Progressive Church of Christ, DR 6:00 Cinema Sunday, AR	30 9:30 Banks 10:15 Forever Fit 10:30 Resident Chair Exercise, AR 1:00 Peebles 2:00 Bridge 3:30 Game of Pool, GR	31 HALLOWEEN 9:10 Swimmers 10:00 Coffee Klatch, AR 1:00 Prize Bingo, AR 2:30 Halloween Costume Party!, AR				