

Wit & Wisdom

"Books are the bees which carry the quickening pollen from one to another mind."

—James Russell Lowell

"You can't get a cup of tea big enough or a book long enough to suit me."

-C. S. Lewis

"I must say I find television very educational. The minute somebody turns it on, I go to the library and read a good book."

—Groucho Marx

"Books are the compasses and telescopes and sextants and charts which other men have prepared to help us navigate the dangerous seas of human life."

—Jesse Lee Bennett

"Finishing a good book is like leaving a good friend."

-William Feather

"I don't know what your childhood was like, but we didn't have much money. We'd go to a movie on a Saturday night, then on Wednesday night, my parents would walk us over to the library. It was such a big deal, to go in and get my own book."

-Robert Redford

"If we encounter a man of rare intellect, we should ask him what books he reads."

-Ralph Waldo Emerson

"A house without books is like a room without windows."

-Horace Mann

"You're never too old, too wacky, too wild, to pick up a book and read to a child."

-Dr. Seuss



SEPTEMBER 2022

A Note From Our Executive Director



Hello, everyone! September promises to be another great month at our community. Fall will be here soon, bringing cooler temperatures and the rich colors of falling leaves. Check out this month's calendar to see what activities we have planned. Our special event this month will be a wine and cheese tasting. We will have non-alcohol options as well for those that don't drink.

We also have a couple of fun trips scheduled. As always, please feel free to stop by my office at any time. Have a great September!

Sincerely,

Natalie Fox Executive Director



Patriot Day

The nation's annual remembrance of 9/11, Patriot Day is also a National Day of Service. Since 2002, people across America pay tribute to the victims, survivors and heroes of Sept. 11 by volunteering in community service projects.





INDEPENDENT LIVING

SEPTEMBER 2022

Locations

Activities Room, AR Courtyard, CY Dining Room, DR Windsor Room, WR

Country Store

Tuesday 11 a.m.-Noon Thursday 10 a.m.-11 a.m.

Birthdays

9/3 Ina Keene

9/11 James (Jim) Hunsucke

9/11 Judith (Judy) Morel

9/12 George Hyman

9/28 William (Bill) Layton

Dates to Remember

9/1 Lunch Outing
9/3 Craft: Terrariums
9/5 Labor Day
9/10 Scenic Ride
9/14 Fall Painting
9/15 Wine & Cheese Tasting
9/17 Bus trip to Hardees
9/19 Bingo With NWC
9/21 Town Hall Meeting
9/23 Painted Wine Glasses
9/29 Bus Trip to Rosie's
9/30 September B-Day Part

'Ripe' Is One

How many words can you come up with using the letter in "apple cider"?

"If life is a cup of tea, gratitude is the honey that makes it sweet."

—Natasha Potter

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
IIRE					10:00 Country Store 10:30 Exercise With Legacy 10:30 Lunch at Water Street Grille □	9:30 Walking In the Courtyard, CY 10:00 Grocery Shopping at Lidl ➡	9:00 Word Search Puzzles 10:00 Board Games 1:30 Craft Hour: Terrariums (sign up)
R	AUTUMN				1:30 Jackpot Bingo\$ 3:00 Wheel of Fortune on Wii 4:00 Easy Listening Music Hour	12:00 Shopping Trip to Goodwill ☐ 3:00 Happy Hour, AR 4:00 MSNBC Evening News	5:30 Scrabble Club
		·	Read a Book Day 6	7	8	9	10
ore n.m.	9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents' Choice	9:30 Crossword Puzzles 10:00 Table Games 1:30 Movie: Residents Choice 4:00 MSNBC Evening News 5:30 Tabletop Games	10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo, AR 2:30 Game "Codenames" 3:30 Exercise with Amy 5:30 Scrabble Club	1:00 Manicures & Music 2:30 Brain Games w/ Legacy, AR 3:30 Exercise with Amy 5:00 Dominos	10:00 Country Store 10:30 Exercise With Legacy 1:30 Jackpot Bingo\$ 3:00 Family Feud 4:00 Easy Listening Music Hour	9:30 Walking In the Courtyard, CY 10:00 Grocery Shopping at Games Farmers Market 1:00 Shopping Trip to Burlington 3:00 Happy Hour, AR 4:00 MSNBC Evening News	9:00 Word Search Puzzles 9:30 Board Games 10:00 Scenic Ride 1:30 Movie: Resident's Choice 5:30 Scrabble Club
ucker el on	9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents' Choice	9:30 Bank Runs 10:00 Board Games 1:00 "All About Goldfinches" with Wild Birds Unlimited 4:00 MSNBC Evening News 5:30 Tabletop Games	Fortune Cookie Day 13 10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo, AR 2:30 Presentation on "Wine" with the Mariners Museum 3:30 Exercise with Amy 5:30 Scrabble Club	9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:00 Ping Pong 2:00 Fall Painting with Marcella i 3:30 Game "Mille Bournes" 5:00 Dominos	10:00 Country Store 10:30 Exercise With Legacy 1:30 Jackpot Bingo\$ 4:00 Easy Listening Music Hour 6:00 Special Event: Wine & Cheese Tasting	9:30 Walking In the Courtyard, CY 10:00 Grocery Shopping at Kroger 1:00 Shopping Trip to Barnes & Noble 3:00 Happy Hour, AR 4:00 MSNBC Evening News	9:00 Word Search Puzzles 10:00 Bus Trip to Hardees 10:30 Hand Massages 1:30 Popcorn & A Movie 5:30 Scrabble Club
asting less and less are les are less are less are less are les are les are les are les are l	9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents' Choice	9:30 Grocery Orders with Amy 10:30 Bank Runs 1:00 Bus Trip to YMCA 3:30 Exercise with Amy 4:00 MSNBC Evening News 6:00 Bingo with Northampton Women's Club, AR	National Punch Day 20 10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo, AR 1:30 Punch & Poetry 3:30 Exercise with Amy 5:30 Scrabble Club	9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:00 Town Hall Meeting 2:30 Brain Games w/ Legacy, AR 3:30 Wii Game: Wii Sports 5:00 Dominos	10:00 Country Store 10:30 Exercise With Legacy 1:30 Jackpot Bingo\$ 2:30 10 Pin Bowling 3:30 September Trivia & Treats 4:00 Easy Listening Music Hour	9:30 Walking In the Courtyard, CY 10:00 Grocery Shopping at Food Lion Sandard Signature AR 4:00 MSNBC Evening News	9:00 Word Search Puzzles 10:00 Board Games 1:00 Shopping Trip to Five Below 1:30 Movie: Resident's Choice 5:30 Scrabble Club
ea, that	9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents' Choice	9:30 Grocery Orders with Amy 10:30 Bank Runs 1:30 Manicures & Music 3:30 Exercise with Amy 4:00 MSNBC Evening News	10:00 Coffee & Pastries, AR 11:00 Country Store 1:30 Prize Bingo, AR 2:30 Game "Five Second Rule" 3:30 Exercise with Amy 5:30 Scrabble Club	9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:30 Jackpot Bingo\$ 2:30 Brain Games w/ Legacy, AR 3:30 Ping Pong 5:00 Dominos	10:00 Country Store 10:30 Exercise With Legacy 1:00 Bust Trip to Rosie's 1:30 Movie: Residents Choice 2:30 Menu Chat with Tom 4:00 Easy Listening Music Hour	30 9:30 Walking In the Courtyard, CY 10:00 Grocery Shopping at Lidl 12:00 Shopping Trip to Dollar Tree 3:00 September Birthday Celebration 4:00 MSNBC Evening News	

September Employee of the Month



Please congratulate our employee of the month, Tasha Ladd. She is a Server for our Dining area and has been working with us for 4 months. Tasha is a people person. She is very friendly and outgoing and enjoys helping our residents. In her free time, she enjoys relaxing at home, spending time with her sons, watching TV, and cleaning her home. She enjoys vacationing in Miami, Florida.

Change Is in the Air

For many, September has become the "other January," signaling a fresh start as summer winds down and fall arrives. The shift in nature can also inspire you to turn over a new leaf. Use the change in seasons to kick off a healthy habit or hobby or to switch up an aspect of your routine.

Pour a Cup and Chat With Us

Our Coffee Chats are the best way to start your day! Join your neighbors for a cup of joe and good conversation. We serve fresh coffee & pastries every Tuesday morning in the activity room at 10am.





Wild World: Red Panda

Only slightly bigger than a house cat, the red panda was once believed to be a relative of both the raccoon and the giant panda, but is now classified in its own scientific family. This cute critter is also known as the Firefox, thanks to its pointed ears, bushy tail and reddish-brown coat. Native to the Himalayas, red pandas spend most of their time in trees, feeding mainly on bamboo. The red panda is usually solitary and quiet, but it can communicate by making a birdlike twitter.

Farewell to Summer

Observed on the first Monday in September, Labor Day recognizes the achievements of American workers. Many people consider Labor Day the end of the summer season and organize cookouts and other outdoor events. The week of Labor Day also marks the start of the National Football League's regular season.







