

## Canine War Heroes

Military working dogs have a long legacy of brave acts during combat. During National Service Dog Month in September, salute some of history's heroic canines:

**Sallie:** A Staffordshire bull terrier, Sallie was the mascot of the 11th Pennsylvania Volunteer Infantry during the Civil War. At the Battle of Gettysburg, she was separated from her unit and discovered three days later guarding wounded soldiers. A bronze statue of Sallie is part of a monument at the historic battle site.

**Stubby:** This stray bull terrier mutt gained fame for his courageous deeds in World War I. His sharp hearing and sense of smell warned Army troops of incoming shells and gas attacks, and he once caught an enemy spy by the seat of the pants. Stubby received numerous honors, including the rank of sergeant, and later served as Georgetown University's mascot.

**Chips:** Trained as an Army sentry, Chips was a mix of German shepherd, collie and husky. He became the most famous military dog of World War II for his heroism at the 1943 invasion of Sicily, where he charged into gunfire to attack enemy soldiers, forcing their surrender.

**Smoky:** U.S. Air Force troops serving in the Pacific during World War II discovered this 4-pound Yorkshire terrier in a foxhole, and she quickly became a morale-booster, performing tricks and serving as a therapy dog for injured soldiers. Her small size became famously vital when she ran phone lines through a narrow pipe beneath an airstrip, a dangerous task that would have taken the troops three days.

**Nemo:** While serving as a sentry in the Air Force during the Vietnam War, this German shepherd showed great bravery and loyalty when he and his handler were hit by enemy fire. Despite severe injuries, Nemo leaped at their attackers, giving the airman time to radio for reinforcements. The dog then covered his handler's body with his own until help arrived.

## '60 Minutes' Still Ticking

It's a familiar sound to many TV viewers on Sunday nights: a ticking stopwatch signaling the start of "60 Minutes." The weekly program pioneered the newsmagazine format when it debuted Sept. 24, 1968, and it celebrates its 50th anniversary this month.

The show was created by TV producer Don Hewitt, who had a new idea for presenting documentaries. Inspired by the diverse content of print magazines, his vision was an hourlong show with three short segments that offered a mix of serious stories and lighter features.

Journalists Harry Reasoner and Mike Wallace were the first hosts of "60 Minutes," which aired in various time slots before settling on Sunday nights. Other notable reporters over the years include Ed Bradley, Morley Safer, Diane Sawyer and Lesley Stahl. From 1978 until 2011, the program closed with a thoughtful, often humorous, commentary by Andy Rooney.

Known for its investigative reports, interviews with U.S. presidents and other world leaders, and profiles of entertainers and athletes, "60 Minutes" has won more than 135 Emmy Awards and numerous honors for distinguished journalism.

The famous ticking stopwatch didn't appear in the first show, but was added later to open the broadcast, mark the time between segments, and run during the closing credits.

# The Devonshire

## Lifestyle



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SEPTEMBER 2018

## Multiple Generations, Many Perks

From mentoring schoolchildren to chatting with a teenage food server, intergenerational relationships and encounters provide numerous benefits for all.

Many older adults say they feel more energized after spending time with young people, whether they're volunteering together, working on a craft, playing a game or just talking. Enjoying each other's company and giving advice can boost self-esteem and provide a sense of belonging. Research shows that seniors score better on memory tests and report higher life satisfaction after interacting with younger generations.

These experiences are also rewarding for children and young adults. They thrive on receiving positive attention and nurturing support from older mentors, who can teach them valuable lessons.

Seniors can learn about new trends and technology from their younger friends and family members, and in return pass along their history and traditions to the next generations.

Many schools, neighborhood groups and senior living communities have recognized the benefits of multigenerational relationships and are encouraging this type of meaningful interaction. Responding to growing demand, many homebuilders are designing living spaces that accommodate young families and aging adults under one roof or in the same neighborhood.

## The Lunchbox Legacy

The sight of a metal lunchbox is a source of nostalgia for many people who carried one to school or work.

Beginning in the late 1800s, workers and children packed their lunches in cloth, wicker baskets, metal pails and tins. In 1902, the first true lunchbox was sold. Created for kids, it was made of metal, resembled a picnic basket and featured images of playing children.

The design of these containers changed in the following years. The familiar dome-shaped worker's lunchbox with a thermos bottle for keeping beverages hot or cold debuted in 1911. Then in 1935, the first lunchbox to showcase a licensed character came on the market in the form of an oval metal tin decorated with Mickey Mouse and his friends.

School lunches were forever changed in 1950, the year that Aladdin Industries produced a square metal lunchbox with a picture of TV cowboy Hopalong Cassidy. With 600,000 sold in the first year, the product proved that lunchboxes and entertainment went hand in hand. For several decades, kids used their lunchboxes to show off their favorite TV shows, cartoons, movie stars, music groups, sports teams and video games.

Most of today's lunchboxes are made of plastic or insulated fabric, though pop culture franchises remain popular designs. Vintage lunchboxes are also common collectibles.





SEPTEMBER 2018

Locations

Activities Room, AR  
Court Yard, CY  
Craft Room, CR  
Dining Room, DR  
Game Room, GR  
Windsor Room, WR

Birthdays

Frank Steinbach, 7th  
James Hunsucker Sr., 11th  
William Layton, 28th

Transportation Schedule

Tuesday, 9:30 a.m.  
Bank Runs

Tuesday, 1-3 p.m. (Newport News Only)  
Dr. Runs

Tuesday, 8:30-11 a.m. (Hampton Only)  
Dr. Runs

Wednesday, 1-3 p.m. (Newport News Only)  
Dr. Runs

Wednesday, 8:30-11 a.m. (Hampton Only)  
Dr. Runs

Thursday, 2-4 p.m.  
Scenic Ride

Thursday, 11:10 a.m.  
Lunch Outings

Friday, 9:45 a.m.  
Shopping and Other Outings

Saturday, 10 a.m.  
Various Shopping Destinations

Sunday, 2-4 p.m.  
Scenic Ride

Sunday, 9 a.m.-1 p.m.  
Church Runs

“Knowledge is love  
and light and vision.”  
—Helen Keller

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
2 9:00 Church Runs 9:15 Sunday School, AR 2:00 Scenic Ride 6:30 Bible Study Life Group, WR	LABOR DAY 3 10:30 Exercise Class, AR 1:30 Resident Led Table Games 3:30 Billiards, GR	4 9:00 Medical Runs 9:10 Swimmers at Sentara 10:00 Coffee Hour, AR 1:00 Bingo, AR 2:30 Adult Coloring, AR 4:00 News Update, AR	5 9:00 Medical Runs 10:30 Exercise, AR 1:00 Dominoes, AR 3:15 5 Second Rule (Guessing Game), AR 4:00 Word News, AR	6 9:10 Swimming at Sentara 11:15 Lunch Outing 2:00 Scenic Ride 3:30 Jackpot Bingo, AR	7 10:30 Exercise Class, AR 11:30 Picnic Lunch 1:30 Shopping: Stein Mart 2:00 Trivia, AR 3:30 Happy Hour, AR	8 10:00 Shopping: Food Lion 1:00 Billiards, GR 2:00 Resident Led Games, AR 3:00 Bridge, AR
9 ROSH HASHANAH BEGINS AT SUNSET 9:00 Church Runs 9:15 Sunday School, AR 2:00 Scenic Ride 6:30 Bible Study Life Group, WR	10 9:30 Bank Runs 10:30 Exercise Class, AR 1:30 Cross Word Puzzle, AR 3:30 Billiards, GR	11 PATRIOT DAY 9:00 Medical Runs 9:10 Swimmers at Sentara 1:00 Bingo, AR 2:00 Food Service Meeting, DR 3:00 Painting, AR	12 9:00 Medical Runs 10:30 Exercise Class, AR 1:30 Nail Care, AR 3:00 Jewelry Making, AR 4:00 World News, AR	13 9:10 Swimming at Sentara 10:20 Bookmobile, AR 11:15 Lunch Outing 2:00 Scenic Ride 3:30 Jackpot Bingo, AR	14 9:30 Shopping: Kroger 10:30 Exercise Class, AR 1:00 Goodwill Thrift Store 3:30 Happy Hour, AR	15 10:00 Food Lion and Dollar Store 1:30 Scrabble, AR 2:00 Billiards, GR 3:00 Bridge, AR
16 9:00 Church Runs 9:15 Sunday School, AR 2:00 National Guacamole Day: Let's Make Guacamole!, AR 6:30 Bible Study Life Group, WR	17 9:30 Bank Runs 10:30 Exercise Class, AR 1:30 Horse Racing Game, AR 3:30 Billiards, GR	18 YOM KIPPUR BEGINS AT SUNSET 9:00 Medical Runs 9:10 Swimmers at Sentara 1:00 Bingo 3:00 Fall Craft, AR 4:00 News Update, AR	19 9:00 Medical Runs 10:30 Exercise Class, AR 1:15 Balloon Volleyball, AR 3:00 Card Making 4:00 World News, AR	20 9:10 Swimming at Sentara 11:15 Lunch Outing 3:00 Jackpot Bingo, AR 6:30 Special Event: A Taste for Wine and Murder, DR	21 10:00 Shopping: Lidil's 10:30 Exercise, AR 1:00 Bed Bath and Beyond 1:30 Adult Coloring, AR 3:30 Happy Hour, AR	22 AUTUMN BEGINS 10:00 Resident Led Table Games, AR 1:00 National Ice Cream Day! Scenic Ride and Ice Cream 2:00 Billiards 3:00 Cinema Saturday, WR 3:30 Scrabble, AR
23 9:00 Church Runs 9:15 Sunday School, AR 2:00 Scenic Ride, AR 6:30 Bible Study Life Group, WR	24 9:30 Bank Runs 10:30 Exercise Class, AR 1:30 Cross Word Puzzle, AR 3:30 Billiards, GR	25 9:00 Medical Runs 9:10 Swimmers at Sentara 1:00 Bingo, AR 3:00 Arts and Crafts, AR 4:00 News Update, AR	26 9:00 Medical Runs 10:30 Exercise Class, AR 1:00 Nail Care 3:00 September Trivia, AR 4:00 World News, AR	27 9:10 Swimming at Sentara 10:20 Bookmobile: AR 11:15 Lunch Outing 2:00 Scenic Ride 3:30 Jackpot Bingo, AR	28 10:00 Shopping: Aldi's 10:30 Exercise Class, AR 2:00 Birthday Party: Entertainment by Roberto, DR 3:30 Happy Hour, AR	29 10:00 Shopping: Walmart 1:30 Resident Led Table Games, AR 2:00 Billiards, GR 3:00 Bridge, AR 3:00 Cinema Saturday, WR
30 9:00 Church Runs 9:15 Sunday School, AR 2:00 Scenic Ride 6:30 Bible Study Life Group, WR						