

# The Devonshire *Lifestyle*



Like Us!



Independent Living Community

2220 Executive Drive • Hampton, VA 23666 • (757) 827-7100 • [www.devonshireseniorliving.com](http://www.devonshireseniorliving.com)

## Happy Fourth!

Happy Independence Day to all our residents! We hope you have a fun and festive holiday.



## Patriotic Movie Picks

Enjoy the Fourth of July with these movies that celebrate America.

*"Yankee Doodle Dandy" (1942)*. This biographical musical stars James Cagney as Broadway entertainer George M. Cohan, who composed the celebrated tunes "You're a Grand Old Flag" and the World War I anthem "Over There."

*"Glory" (1989)*. Denzel Washington and Morgan Freeman star in this Civil War drama about one of the first African American regiments in the Union Army.

*"Independence Day" (1996)*. An invasion by space aliens, a Fourth of July mission, and a rousing speech about saving mankind make this action movie a favorite decades after it premiered.

*"Miracle" (2004)*. This feel-good film is the inspiring true story of the U.S. men's hockey team win over the Soviet Union at the 1980 Winter Olympics. Kurt Russell plays U.S. coach Herb Brooks.

*"Hidden Figures" (2016)*. Based on true events, this film follows the lives of three female African American mathematicians who work at NASA during the 1960s space race. The trio overcomes obstacles and helps in the mission to make John Glenn the first American to orbit the Earth.

## JULY 2022

## A Note From Our Executive Director

Welcome to the dog days of summer! We have plenty of "cool" activities planned this month, so make plans to dive right in and join us for some fun times. If you have any suggestions, comments or questions, please stop by my office. My door is always open, and I enjoy chatting with each and every one of you!



## Celebrate Our Freedom

Come ring in the country's independence at our Pre-Fourth of July party on Friday, July 1st, at Noon! Join us for food, friends and music as we celebrate the USA.



## Be Free

"May we think of freedom not as the right to do as we please, but as the opportunity to do what is right." —Peter Marshall



**JULY 2022**

## Locations

Activities Room, AR  
Courtyard, CY  
Dining Room, DR  
Windsor Room, WR

## Birthdays

Melvin Neufeld 7/3  
 Lenny Yarrington 7/7  
 Angela Harvey 7/7  
 Eleanor Moultire 7/18  
 Margy Yando 7/22

## Country Store

Tuesday 11 a.m.-Noon  
Thursday 10 a.m.-11 a.m.

## Dates to Remember

July 1st	Cookout
July 4th	Independence Day
July 7th	Scenic Ride
July 11th	Cinema Cafe
July 13th	Health Talk
July 14th	Mission Barbecue
July 20th	Town Hall Meeting
July 21st	Special Event
July 23rd	Scenic Ride
July 28th	Fort Monroe
July 29th	Birthday Party

**"Like a welcome summer  
rain, humor may suddenly  
cleanse and cool the earth,  
the air, and you."  
—Langston Hughes**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div>1</div> <div>9:30 Walking In the Courtyard, CY <b>10:00 Shopping Trip to Food Lion</b> <b>12:00 Pre-4th of July Cookout</b> 3:00 Happy Hour, AR 4:00 MSNBC Evening News</div>	<div>2</div> <div>9:00 Word Search Puzzles 10:00 Board Games 1:30 Movie: Residents' Choice 5:30 Scrabble Club</div>
<div>3</div> <div>9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents' Choice</div>	<div>4</div> <div><b>Independence Day</b> 9:30 Crossword Puzzles 10:00 Board Games 1:30 Movie: Residents' Choice 4:00 MSNBC Evening News 5:30 Tabletop Games</div>	<div>5</div> <div><b>National Graham Cracker Day</b> 10:00 Coffee &amp; Pastries, AR 11:00 Country Store 1:30 Prize Bingo, AR 2:30 Graham Crackers &amp; Games 3:30 Exercise with Amy 5:30 Scrabble Club</div>	<div>6</div> <div>9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis 1:30 Rummy <b>2:30 Brain Games w/ Legacy, AR</b> 3:30 Poetry Reading 5:00 Dominos</div>	<div>7</div> <div>10:00 Country Store <b>10:30 Exercise With Legacy</b> 1:30 Jackpot Bingo\$ 2:30 Menu Chat with Tom <b>3:30 Scenic Ride</b> 4:00 Easy Listening Music Hour</div>	<div>8</div> <div>9:30 Walking In the Courtyard, CY <b>10:00 Grocery Trip to Lidl</b> <b>1:00 Bus Trip to Five Below</b> 3:00 Happy Hour, AR 4:00 MSNBC Evening News</div>	<div>9</div> <div>9:00 Word Search Puzzles 10:00 Board Games 1:30 Movie: Residents' Choice 5:30 Scrabble Club</div>
<div>10</div> <div>9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents' Choice</div>	<div>11</div> <div>9:30 Grocery Orders with Amy <b>10:30 Bank Runs</b> <b>2:00 Bus Trip to Cinema Cafe</b> 3:00 Card Games 4:00 MSNBC Evening News</div>	<div>12</div> <div>10:00 Coffee &amp; Pastries, AR 11:00 Country Store 1:30 Prize Bingo, AR 2:30 Wheel of Fortune on Wii 3:30 Exercise with Amy 5:30 Scrabble Club</div>	<div>13</div> <div>9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis <b>1:00 "All About Woodpeckers" with Wild Birds Unlimited</b> <b>2:30 Health Talk w/ Legacy</b> 3:30 Exercise with Amy 5:00 Dominos</div>	<div>14</div> <div>10:00 Country Store <b>10:30 Exercise With Legacy</b> <b>11:00 Lunch Outing to Mission Barbecue</b> 1:30 Jackpot Bingo\$ 2:30 Menu Chat with Tom 4:00 Easy Listening Music Hour</div>	<div>15</div> <div>9:30 Walking In the Courtyard, CY <b>10:00 Shopping Trip to Kroger</b> 1:30 Game "Codenames" 3:00 Happy Hour, AR 4:00 MSNBC Evening News</div>	<div>16</div> <div>9:00 Word Search Puzzles 10:00 Board Games <b>1:00 Bus Trip to Dollar Tree</b> 1:30 Movie: Residents' Choice 5:30 Scrabble Club</div>
<div>17</div> <div>9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents' Choice</div>	<div>18</div> <div>9:30 Grocery Orders with Amy <b>10:30 Bank Runs</b> 1:30 Manicures &amp; Music 3:30 Exercise with Amy 4:00 MSNBC Evening News <b>6:00 Bingo with Northampton Women's Club, AR</b></div>	<div>19</div> <div><b>National Daiquiri Day</b> 10:00 Coffee &amp; Pastries, AR 11:00 Country Store 1:30 Prize Bingo, AR 3:00 Strawberry Daiquiris 3:30 Exercise with Amy 5:30 Scrabble Club</div>	<div>20</div> <div>9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis <b>1:00 Town Hall Meeting</b> 1:30 Game "Trivial Pursuit" <b>2:30 Brain Games w/ Legacy, AR</b> 3:30 Book Club Meeting 5:00 Dominos</div>	<div>21</div> <div>10:00 Country Store <b>10:30 Exercise With Legacy</b> 1:30 Jackpot Bingo\$ 4:00 Easy Listening Music Hour <b>6:00 Special Event "A Night on the Greek Isles" with Entertainment, DR</b></div>	<div>22</div> <div>9:30 Walking In the Courtyard, CY <b>10:00 Shopping Trip to Walmart</b> <b>1:00 Shopping Trip to Roses</b> 3:00 Happy Hour, AR 4:00 MSNBC Evening News</div>	<div>23</div> <div>9:00 Word Search Puzzles 10:00 Board Games <b>1:00 Scenic Ride</b> 1:30 Movie: Residents' Choice 5:30 Scrabble Club</div>
<div>24</div> <div>9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents' Choice</div>	<div>25</div> <div>9:30 Grocery Orders with Amy <b>10:30 Bank Runs</b> 1:30 Manicures &amp; Music 3:30 Exercise with Amy 4:00 MSNBC Evening News</div>	<div>26</div> <div>10:00 Coffee &amp; Pastries, AR 11:00 Country Store 1:30 Prize Bingo, AR 2:30 Game "Finish Lines" 3:30 Exercise with Amy 5:30 Scrabble Club</div>	<div>27</div> <div>9:30 Grocery Orders with Amy 10:00 Worship with Pastor Davis <b>1:00 Painting on Canvas with Marcella</b> <b>2:30 Brain Games w/ Legacy, AR</b> 3:30 Game "Mille Bournes" 5:00 Dominos</div>	<div>28</div> <div><b>National Milk Chocolate Day</b> 10:00 Country Store <b>10:30 Exercise With Legacy</b> 1:30 Jackpot Bingo\$ 2:30 Menu Chat with Tom 3:30 July Trivia &amp; Treats <b>6:00 Tidewater Concert Band at Fort Monroe</b></div>	<div>29</div> <div>9:30 Walking In the Courtyard, CY <b>10:00 Shopping Trip to Food Lion</b> <b>1:00 Bus Trip to JCPenney</b> <b>3:00 July Birthday Celebration, AR</b> 4:00 MSNBC Evening News</div>	<div>30</div> <div>9:00 Word Search Puzzles 10:00 Board Games <b>10:30 Candy Bingo</b> 1:30 Movie: Residents' Choice 5:30 Scrabble Club</div>
<div>31</div> <div>9:30 Jigsaw Puzzles 10:00 Dominos 1:30 Word Search Puzzles 2:00 Movie: Residents' Choice</div>						

# Happy Birthday!

We'd like to send a big "happy birthday" out to all our residents celebrating their special day this month. We hope your day is filled with joy! Please join us on Friday, July 29th, at 3:00pm in the Activity room for drinks and refreshments.



## Lunch Bunch Outings

Our Lunch Bunch heads to a local restaurant each month, and we welcome anyone who wants to join us! This month we will be going to Mission Barbecue. We always welcome suggestions on new places to try each month.

## July Employee of the Month

Congratulations to our July employee of the month, Carmen Correa Batres. She is one of our Housekeepers and has been with us for 7 months. She enjoys helping our residents and listening to their stories and experiences. In her spare time, she enjoys reading, shopping, listening to her Pastor, and spending time with family and friends. She has a pet cat named Paco. She also loves to travel. She loves the mountains, big cities, and going camping.



## Wit & Wisdom

"A smile is like an instant face-lift and an instant mood lift."

—Christie Brinkley

"Use your smile to change the world; don't let the world change your smile."

—Chinese proverb

"Just smiling at someone walking down the street can make the person's day. It's all about paying it forward."

—Mariska Hargitay

"Everyone smiles in the same language."

—George Carlin

"Let us always meet each other with a smile, for the smile is the beginning of love."

—Mother Teresa

"As long as you live, keep smiling because it brightens everybody's day."

—Vin Scully

"Nothing is more beautiful than a smile that has struggled through tears."

—Demi Lovato

"Smiling is definitely one of the best beauty remedies. If you have a good sense of humor and a good approach to life, that's beautiful."

—Rashida Jones

"Nothing you wear is more important than your smile."

—Connie Stevens

"A smile is a curve that sets everything straight."

—Phyllis Diller