Why Museums **Are Great Places To Go**

Art, history, science or something else-whatever your passion, there's likely a museum dedicated to it. With many places offering virtual tours or free admission days, experiencing the benefits of a museum visit has never been easier.

No matter what kind of museum you visit, you'll learn something new before you leave. Knowledge and appreciation of any subject expands your horizons as a person, helping you relate to others better and have interesting things to bring up in conversation.

Exploring an exhibit with others is a fun social activity, and many museums offer interactive displays and photo ops. Museums are great places to meet new people, too, whether at a special event or simply by chatting with a stranger as you look at the same artwork or artifact.

You'll also find opportunities for peaceful solitude. Galleries provide a quiet space to walk around while admiring beautiful works of art. Botanical gardens and other attractions dedicated to nature are ideal places for introspection and inspiration.

At the end of your visit, be sure to stop at the gift shop, even if you're exploring online. Museums are often sources of unique items, from clothing and accessories to home goods and books.

Words We Got From the Military

Military Appreciation Month, held every May, celebrates the members of the armed forces who have given so much to our nation. Among the military's contributions through the years is a registry of words and phrases that wouldn't exist without them. Here's a small sample:

Hotshot — This term for a talented, successful person likely came from the use of heated cannonballs, aka hot shots, to ignite enemy ships or buildings. Handling the volatile ammo was risky and required a lot of skill.

With flying colors — A naval ship returning home after a victory proudly displays their flags, called colors, from the masthead. The tradition of "coming through with flying colors" is now a metaphor for a victory such as acing a test or exceeding at a task.

Avant-garde — Describing someone or something that is new and unusual, typically referring to the arts, this comes from the French word for vanguard, or advance guard: a small group of soldiers who lead armed forces into battle.

Murphy's law — Pessimists are familiar with this philosophy of "If something can go wrong, it will." Capt. Edward A. Murphy gave this ageold concept a name while working on a project at Edwards Air Force Base in 1949. His fellow engineers credited the law for motivating them to find ways to avoid negative outcomes, making their project a success.

May **Employee of** the Month

Katina Hayes is our Employee of the Month for May. She is a CNA and has been employed with The Devonshire for six months. She loves serving others, especially working with seniors and listening to their stories and learning from them. She loves what she does and could never picture herself doing anything else. In her spare time, she likes spending time with her kids, shopping,



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cooking and baking. She also likes to spend time with her family every year in Nags Head.



March Birthday Celebration

A few pictures from our March Birthday Party for our residents. We had a wonderful time! We served chicken wings, cupcakes and drinks. We also had entertainment with Buzz Raymond.









INDEPENDENT LIVING

MAY 2022

Locations

Activities Room, AR Courtyard, CY Dining Room, DR Windsor Room, WR

Birthdays

Aaron White, 4th Elisabeth Meine, 12th Diane Cummings, 13th Shirley Hunter, 16th Sherray White, 21st John Whistler, 21st Sharon Limpus, 22nd Debbie Hess, 29th

Country Store

Tuesday 11 a.m.-Noon

> **Thursday** 10-11 a.m.

"It would be wonderful to think that the future is unknown and sort of surprising."

—Alan Rickman

	SUNDAY		MONDAY		TUESDAY		VEDNESDAY			THURSDAY
10:00 1:30	Jigsaw Puzzles, AR Scrabble Club, AR Word Search Puzzles, AR Movie (Residents' Choice), AR	10:30 1:30 3:30 4:00	2 Grocery Orders w/Amy, AR Bank Runs Manicures & Music, AR Exercise w/Amy Evening News, AR Card Games, AR	10:00 11:00 1:30 2:30 3:30 5:30	Pastries, AR Country Store Prize Bingo, AR Game "Finish Lines," AR	10:00 1:30 2:30	"Jeopardy, AR	10 10 11):00):30 :00	DE MAYO Country Store Exercise w/ Legacy, AR Lunch Trip To: Sage Kitchen at Anderson's Jackpot Bingo, AR Rms Lusitania: Casualty of War Presentation, AR
10:00 1:00	X'S DAY 8 Jigsaw Puzzles, AR Scrabble Club, AR Mother's Day Tea Party, AR Movie (Residents' Choice), AR	10:30 1:30 4:00	9 Grocery Orders w/Amy, AR Bank Runs Popcorn & a Movie, AR Evening News, AR Card Games, AR	10:00 11:00 1:30 2:30 3:30 5:30	Pastries, AR Country Store Prize Bingo, AR Game "Codenames," AR	10:00 1:00	Grocery 1 Orders w/Amy Worship w/Pastor Davis, AR Chocolate Chip Cookies & Card Games, AR Health Talk w/ Legacy, AR Ping Pong, AR Dominoes, AR	10 10 1 2	:30 :45 :30 2:30	Country Store 1 Exercise w/ Legacy, AR Trip to Norfolk Tide Baseball Game Jackpot Bingo, AR Menu Chat w/ Tom, DR "Easy Listening Music Hour"
10:00 1:30	15 Jigsaw Puzzles, AR Scrabble Club, AR Word Search Puzzles, AR Movie (Residents' Choice), AR	for Pe 9:30 10:30 1:30 3:00	16 Purple ace Day Grocery Orders w/Amy, AR Bank Runs SPCA Presentation, AR Baking Club: Peanut Butter Cookies, AR Bingo w/Northampton Women's Club, AR	10:00 11:00 1:30 2:30 3:30 5:30	Pastries, AR Country Store Prize Bingo, AR 10 Pin Bowling, AR Exercise w/Amy, AR	10:00 1:00 1:45 2:30	Grocery Orders w/Amy Worship w/ Pastor Davis, AR Town Hall Meeting Ice Cream Social, A	10 10 3 1 7 2):00 :30 :30 2:30	Bus Trip to YMCA1Country StoreExercise w/ Legacy, ARJackpot Bingo, ARJackpot Bingo, ARMenu Chat w/Tom, DRBook ClubMeeting, WR
10:00 1:30	22 Jigsaw Puzzles, AR Scrabble Club, AR Word Search Puzzles, AR Movie (Residents' Choice), AR	10:30 1:30 3:30 4:00	23 Grocery Orders w/Amy, AR Bank Runs Manicures & Music, AR Exercise w/Amy Evening News, AR Card Games, AR	10:00 11:00 1:30 2:30 3:30 5:30	Pastries, AR Country Store Prize Bingo, AR Game: Mille Bornes, AR	9:30 10:00 1:00 2:30	Grocery Orders w/Amy Worship w/ Pastor Davis, AR	10 2 6	1:30 1:30 4:00	2 Country Store Exercise w/Legacy, Al Jackpot Bingo, AR "Easy Listening Music Hour" Special Event: Casino Night, DR Entertainment w/"Frank Sings Frank," DR
10:00 1:30	29 Jigsaw Puzzles, AR Scrabble Club, AR Word Search Puzzles, AR Movie (Residents' Choice), AR	Memo 10:00 1:30 4:00	ial Day Board Games, AR Movie: Residents' Choice, AR Evening News, AR Card Games, AR	10:00 11:00 1:30 2:30 3:30 5:30	Pastries, AR Country Store Prize Bingo, AR Fresh Popcorn & Drinks, AR					

		FRIDAY		SATURDAY
5		6		7
	9:30	Walking in the Courtyard, CY		cky Derby Day
	10:00	Grocery Shopping	9:00	Individual Word Search Puzzles, AR
		at Walmart	1:00	Movie: Residents'
	1:00	Shopping Trip to at Home		Choice, AR
	3:00			Scenic Ride
	4:00	Evening News, AR	5:30	Scrabble Club, AR
12		13		14
	9:30	Walking in the Courtyard, CY	9:00	Individual Word
les	10:00	Grocery Shopping		Search Puzzles, AR
		Trip to Food Lion	10:00	Craft: Tye-Dye Tote Bags, AR
	1:00	Shopping Trip to Dollar General	1:00	Movie: Residents'
	3:00			Choice, AR
	4:00	117	5:30	Scrabble Club, AR
19		20		21
	9:30	Walking in the	9:00	Individual Word
	10.00	Courtyard, CY		Search Puzzles, AR
	10:00	Morning Mad Libs, AR	10:00	Grocery Shopping at Lidl
	1:00	Shopping Trip	10:30	
		to Target	1:00	Movie: Residents'
	3:00	Happy Hour, AR	F 20	Choice, AR
	4:00	Evening News, AR	5:30	Scrabble Club, AR
26		27		28
AR	9:30	Walking in the Courtyard, CY	9:00	Individual Word
	10:00	Grocery Shopping	10.00	Search Puzzles, AR
		at Kroger	10:00	Scenic Ride Board Games, AR
	1:00	Shopping Trip	1:00	
	3:00	to Dollar Tree Happy Hour, AR		Choice, AR
		Evening News, AR	5:30	Scrabble Club, AR

