

The World Series of Birding

Avid birders from across the country and the world will flock to New Jersey this month for the World Series of Birding.

The competition, sponsored by the New Jersey Audubon Society, has taken place annually since 1984 on a Saturday in May. Called the Big Day, it coincides with the peak of spring migration. The state, with its diverse habitats, is a popular pit stop for many bird species.

Armed with binoculars and telescopes, teams in adult and youth categories have 24 hours to identify as many species as they can by sight and sound. They can choose to travel the entire state, scour a single county, or stay in a 17-foot circle and let the birds come to them. They can also bird by bike or boat. Along with strict rules, team counts rely on the honor system. Organizers say “a birder’s word is his bond.”

At day’s end, teams gather at Cape May, N.J., the series’ headquarters. Results are tallied, and the winners earn a trophy — and bragging rights to crow about. The average team total is 165 species, and the event record is 232 species.

Along with celebrating birding and contributing to scientific research, the series raises money for wildlife conservation. About \$9 million in team pledges has been donated since the competition began.



The History of Memorial Day

Observed with ceremonies and parades, Memorial Day honors the men and women who gave their lives while serving in the U.S. military.



After the Civil War ended in 1865, people in various cities began decorating the graves of fallen soldiers with flowers, flags and wreaths. This inspired Maj. Gen. John A. Logan, the head of a veterans organization, to designate May 30, 1868, as Decoration Day, a national day of remembrance. It’s believed that date was chosen because it didn’t fall on the anniversary of any battle, and spring flowers would be in bloom all over the country.

On that first Decoration Day, a large ceremony was held at Arlington National Cemetery in Washington, D.C. Officials gave speeches, and more than 5,000 people placed small American flags on the graves of 20,000 Civil War soldiers.

After World War I, Decoration Day was expanded to honor fallen soldiers from all wars. An act of Congress officially renamed it Memorial Day in 1967, and one year later, a public law made it a federal holiday to be celebrated on the last Monday in May.



The Devonshire Lifestyle



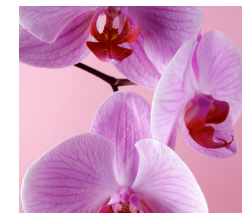
Independent Living Community

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MAY 2019

Extraordinary Orchids

Prized for their exotic beauty and elegant blooms, orchids are one of the best-selling potted flowers in the U.S.



Fossils show that orchids have grown wild for millions of years. Throughout much of human history, the flowers were an expensive luxury enjoyed by the wealthy. During the Victorian era, many orchid collectors hired professional hunters to track down rare varieties only found in the jungles of South America and Asia. Over the decades, advances in transportation and greenhouse technology made the plants easier to cultivate and more affordable.

With more than 25,000 species worldwide, orchids grow in nearly every color of the rainbow, including rare blue hues and two-toned combinations. They range in height from a few inches to over 40 feet tall. A single orchid seedpod contains up to 3 million microscopic seeds, but the plants are slow-growing, with some varieties taking several years to produce their first flowers.

80 Years of Batman

In May 1939, DC Comics introduced a new superhero. Celebrate 80 years of Batman with these facts about the Caped Crusader:

- Created by artist Bob Kane and writer Bill Finger, the crime fighter disguised as a bat debuted in “Detective Comics” No. 27.
- Batman’s alter ego is Bruce Wayne, a billionaire philanthropist whose parents were killed by a thief when he was a child. He vowed to avenge their deaths by spending the rest of his life fighting criminals in Gotham City.
- Unlike many superheroes, Batman does not have any superpowers. He uses physical strength, intelligence, detective skills and technology to defeat villains.
- The winged design of his cape was inspired by Leonardo da Vinci’s “flying machine” sketches.
- His original sidekick, Robin, the Boy Wonder, was introduced in 1940 as orphaned circus acrobat Dick Grayson. Batman took him under his wing, and the Dynamic Duo was born.
- Batman’s many foes include the Joker, the Riddler, Penguin, Poison Ivy and Mr. Freeze.
- The Batmobile wheeled into action in 1941. Before that, Batman drove a red sedan.
- Campy and comical, the “Batman” TV series, premiering in 1966, starred Adam West and attracted a new generation of fans.



MAY 2019

Locations

Activities Room, AR
Court Yard, CY
Craft Room, CR
Dining Room, DR
Game Room, GR
Windsor Room, WR

Birthdays

Aubrey Herbin, 5th
John Perez, 6th
Shirley Hunter, 16th

Transportation Schedule

Monday, 9:30 a.m.
Bank Runs

Tuesday & Wednesday, 8:30-11 a.m.
(Hampton Only)
Doctor Runs

Tuesday & Wednesday, 1-3 p.m.
(Newport News Only)
Doctor Runs

Thursday, 11:10 a.m.
Lunch Outings

Thursday, 2-4 p.m.
Scenic Ride

Friday, 9:45 a.m.
Shopping and Other Outings


Saturday, 10 a.m.
Various Shopping Destinations

Sunday, 9 a.m.-1 p.m.
Church Runs

Sunday, 2-4 p.m.
Scenic Ride

“Age is not how
old you are, but
how many years of
fun you’ve had.”
—Matt Maldre

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			MAY DAY 1	2	3	4
			9:00 Medical Runs 10:30 Flex and Stretch Exercise Class, AR 11:00 Outside Chat 2:00 Greet and Meet Social 4:00 World News, AR	10:00 Conversation w/Tea Time <i>11:15 Lunch Outing: Jason's Deli</i> 1:00 Dominoes, AR 2:00 Trip: Scenic Ride 3:30 Jackpot Bingo, AR	10:00 Shopping: Dollar Tree 10:30 Balance Exercise Class, AR 1:00 Shopping: Aldi's 3:30 Happy Hour (Pre-Cinco De Mayo), AR	10:00 Shopping: Target 10:30 Adult Coloring, AR 1:00 Puzzles and Table Games, AR 1:30 Scenic Drive 3:00 Individual Card Games and Puzzles, AR
5	6	7	8	9	10	11
9:00 Church Runs 9:15 Sunday School, AR 1:00 Resident Card/ Board Games, AR 2:30 Cinema Sunday, AR 6:30 Bible Study Life Group, WR	9:30 Bank Runs 10:30 Sit and Be Fit Exercise Class, AR 11:00 5 Second Rule 2:00 Horse Racing Game, AR 3:30 Billiards, GR	9:00 Medical Runs 10:00 Coffee Hour and Chat, AR 1:00 Bingo, AR 2:30 Arts and Crafts, AR 4:00 News Update, AR	9:00 Medical Runs 10:30 Flex and Stretch Exercise Class, AR 1:15 Trivia Plus, AR 2:30 Outside Chat, WR 4:00 World News, AR	10:00 Conversation w/Tea Time <i>11:15 Lunch Outing: Mamma Rosa's Italian</i> 2:00 Spring Fashion Show, AR 3:30 Jackpot Bingo, AR 4:35 At the Movies, AR	10:00 Shopping: Big Lot 10:30 Balance Exercise Class, AR 1:00 Shopping: Walmart 2:00 Pre-Mother Day Social Music Steve Twombly, DR 3:30 Happy Hour, GR	10:00 Shopping: Dollar Tree 10:30 Morning Chat Outside 1:00 Bridge and Scrabble, AR 3:00 Individual Card Games and Puzzles, AR
MOTHER'S DAY 12	13	14	15	16	17	18
9:00 Church Runs 9:15 Sunday School, AR 1:00 Resident Card/ Board Games, AR 2:30 Cinema Sunday, AR 6:30 Bible Study Life Group, WR	9:30 Bank Runs 10:30 Sit and Be Fit Exercise Class, AR 11:00 Word Games & Trivia 2:00 Traveling Places (Video) 3:30 Billiards, GR	9:00 Medical Runs 10:00 Coffee Hour and Chat, AR 1:00 Bingo, AR 2:15 Food Service Meeting, DR 4:00 News Update, AR	9:00 Medical Runs 10:30 Flex and Stretch 1:30 Art Expression 2:30 Scrabble Club 4:00 World News, AR	10:00 Conversation w/Tea Time 10:30 Bookmobile 11:15 Lunch Outing: Ruby Tuesday 3:30 Jackpot Bingo, AR 6:00 Special Event (Esta Fiesta)	10:00 Shopping: Kmart 10:30 Balance Exercise Class, AR 1:00 Shopping: Krogers 2:00 Uno Card Game and Hot Chocolate 2:30 Happy Hour	10:00 Shopping: Thrift Store (DAV) 10:30 Monopoly or Bridge 1:30 Trip: Scenic Ride 3:00 Individual Card Games and Puzzles, AR
19	20	21	22	23	24	25
9:00 Church Runs 9:15 Sunday School, AR 1:00 Resident Card/ Board Games, AR 2:30 Cinema Sunday, AR 6:30 Bible Study Life Group, WR	9:30 Bank Runs 10:30 Chair Exercise 2:00 Horse Racing Game, AR 3:30 Billiards, GR	9:00 Medical Runs 10:00 Coffee Hour and Chat, AR 1:00 Bingo, AR 2:00 Outside Walking in the Sun 4:00 News Update, AR	9:00 Medical Runs 10:30 Flex and Stretch Exercise Class, AR 11:00 Inspirational Reading, AR 2:00 Homemade Snacks & Lemonade Social 4:00 World News, AR	10:00 Conversation w/Tea Time 11:15 Lunch Outing: Hot Dog King 2:00 Trip: Scenic Ride 4:35 At the Movies, AR	10:00 Shopping: Kroger 10:30 Balance Exercise Class, AR 1:00 Shopping: Dollar Store 2:00 Traveling Places (Video) 3:30 Happy Hour	10:25 Trip: Bed Bath and Beyond 1:30 Canasta and Dominoes 3:00 Individual Card Games and Puzzles, AR
26	MEMORIAL DAY 27	28	29	30	31	
9:00 Church Runs 9:15 Sunday School, AR 1:00 Resident Card/ Board Games, AR 2:30 Cinema Sunday, AR 6:30 Bible Study Life Group, WR	9:30 Bank Runs 10:30 Sit and Be Fit Exercise Class, AR 1:30 Crossword Puzzles and Word Games, AR 2:00 Music w/Jack Gorman, DR 3:30 Billiards, GR	9:00 Medical Runs 10:00 Coffee Hour and Chat, AR 1:00 Bingo, AR 2:00 Art & Crafts 4:00 News Update, AR	9:00 Medical Runs 10:30 Flex and Stretch 2:00 Table Games (Uno) 3:00 Birthday Party of the Month Music w/Pat Wade 4:00 World News, AR	10:00 Conversation w/Tea Time 11:15 Lunch Outing: Cracker Barrel 2:00 Trip: Scenic Ride 3:30 Jackpot Bingo 4:35 At the Movies, AR	10:00 Shopping: Ollies 10:30 Balance Exercise Class, AR 1:30 Shopping: Walmart 2:00 Crossword Puzzle and Games 3:30 Happy Hour	