

Red Carpet Rollout

Symbolizing glitz and glamour, a red carpet is rolled out for celebrities and VIPs to make a grand entrance.

The earliest reference to this custom appears in the ancient Greek play “Agamemnon,” in which the title character, a king, returns home from battle to a path of crimson tapestries laid out for him. Because red dye was difficult to make and expensive, only the elite could afford fabric in that color, and red became a sign of luxury.

The practice spread over time. In 1821, U.S. President James Monroe stepped off a riverboat onto a ceremonial red carpet in South Carolina. Starting in the early 1900s, red carpets directed passengers boarding the exclusive express train at New York City’s Grand Central Station, creating the status concept of “red-carpet treatment.”

In Hollywood, the legendary Sid Grauman rolled out a red carpet outside his movie theater when he organized the first film premiere in 1922. Douglas Fairbanks and the other stars of “Robin Hood” started a tradition of arriving actors “walking the red carpet” that continues today. Most famously, the annual Academy Awards ceremony has broadcast its pre-show red carpet event since 1961. The plush walkway has become a stage for celebs to pose for photos, give interviews and greet fans.

The Appeal of Alpacas

With their soft fleece and quirky, humanlike facial expressions, alpacas are charming animals, with personalities that can put people at ease.

Domesticated over 6,000 years ago by the Andean people of South America, alpacas are in the same family as camels and llamas. They are mostly raised for their luxurious fleece, which is often compared to cashmere, and said to be finer, softer and warmer than sheep’s wool.

In recent years, alpacas have become more familiar as therapy animals, making visits to schools, retirement communities, hospitals and rehabilitation centers. Their calm, curious and friendly nature make them ideal for pet therapy, and many children and adults who interact with them can’t help but smile and laugh at their amusing antics. Stroking an alpaca’s soft fleece provides sensory benefits, and its gentle, social demeanor helps people feel relaxed.

There are two breeds of alpacas, distinguished by their coats. The most common breed is the huacaya, which has thick, curly fleece that gives them a teddy bear-like appearance. The suri breed has long, silky fleece that hangs in dreadlocks as it grows.



Build a Beautiful Bouquet

Flower arranging is a fun way to explore your creative side, while also adding a bit of nature’s beauty to your indoor surroundings.

The most interesting arrangements have flowers in a variety of shapes, textures and stem lengths. If you’re using blooms in one color or that are similar in color, mixing flower types and sizes is key. For a multicolored bouquet, focus on just two to three kinds of flowers.

Almost anything can be a vase for your flowers — a glass container, a ceramic pitcher, or a vintage tin. Ideally, the finished bouquet should be taller and a bit wider than the vase to create balance.

Before adding flowers to the vase, cut about an inch off the stems. This will help them absorb water better and stay fresher longer. As you place each flower, remove any leaves that fall below the water line to help the water stay clean.

Arrange flowers in the vase from largest to smallest. If using branches or heavy greenery, place them first so they can help prop up the flowers. Continue with sturdy, large blooms followed by the showiest flowers. Finish your bouquet by tucking in delicate sprigs and blossoms.



The Devonshire Lifestyle

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FEBRUARY 2020

Happy February!

We are spreading the love here at The Devonshire as February is a special month filled with celebrating with our family, friends and that special someone. We look forward to you joining us on Valentine’s Day for our special dinner where we crown our Valentine’s King and Queen! I can’t wait to see who will be the nominees this year.

We also have a fun and interactive main event this month that we are looking forward to — Murder at Mardi Gras. You will get to watch the Management team act out a mystery scenario where you will have to figure out who the culprit was!

Other events this month include a Super Bowl Sunday Celebration, fun Social Hours, and a Mardi Gras Party! Please don’t forget to check your calendar for all the exciting things happening!

I hope you have had a wonderful 2020 so far and that February is another great month for you. I look forward to the warm memories we will make during this wonderful month!

Happy Valentine’s Day!

Natalie Fox, Executive Director

Love Around the World

Valentine’s Day is celebrated across the globe, and many countries have unique holiday traditions.

Germany: Heart-shaped gingerbread cookies with romantic messages written in icing are popular valentine gifts among German couples.



South Korea: Women give chocolate to men on Valentine’s Day, then the gesture is returned on White Day, March 14, when men are the gift-givers. Single friends get together on Black Day, April 14, and dine on bowls of noodles covered with a black bean sauce.

Mexico: The holiday is known as the Day of Love and Friendship in this country, where friends as well as romantic partners gift each other candy, flowers, balloons and stuffed animals.

South Africa: The expression “wear your heart on your sleeve” is fitting for South African women, who pin the name of their love interest to their shirtsleeve for the day.

Peru: Orchids are the flower of choice for valentines here, since they are native to this South American nation.

Philippines: Hundreds of couples in this Asian country tie the knot in mass wedding ceremonies on Feb. 14.



Activities Subject to Change

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY																																		
																																														
9:00 Church Runs 2	9:30 Big Screen Gospel and Bible Word Puzzles, AR	10:30 Open Table Games, AR	1:00 Scrabble w/ Friends, AR	6:00 Evening News, AR	9:30 Bank Runs 3	10:00 Morning Paper & Talk, AR	10:30 Monday Morning Fitness, AR	1:00 Glee Club Freedom Songs/Spirituals	2:00 Outing: Just for the Guys Vanguard Brewery	3:15 Outing: Relaxing Scenic Ride	9:00 Medical Runs, 48 Hour Notice 4	9:30 Pokeno, WR	10:00 Coffee Hour and Chat, AR	1:00 Jackpot Bingo, AR	2:00 Romantic Movie and Popcorn, AR	6:00 What's on the News?, AR	9:00 Medical Runs, Request in Advance! 5	10:00 Lounge w/Classical Music, AR	10:30 Fitness w/Legacy, AR	1:00 Devotions and Bible Study w/ Pastor Thurman	3:00 Crochet Hour, AR	9:00 Classical Music and Morning Paper, AR 6	10:00 Conversation w/ Tea Time, AR	10:00 Scrabble w/Friends, WR	11:15 Lunch Outing: Cracker Barrel	1:00 Jigsaw Fun, AR	3:00 Jackpot Bingo, AR	3:00 Card Games Challenge a Peer, WR	9:00 Lobby Lounging and Chats, AR 7	10:00 Shopping: Dollar Tree	10:30 Balance Exercise Class, AR	1:00 Shopping: Walmart	3:00 Happy Hour, DR	5:30 News Updates, AR	9:00 Saturday Paper w/Friends, AR 8	10:00 Shopping: Dollar Tree	11:00 Word Search Puzzles, AR	1:00 Bridge and Scrabble, AR	3:00 Lounging w/ Friends, WR	5:30 Evening News, AR						
9:00 Church Runs 9	9:30 Big Screen Gospel and Bible Word Puzzles, AR	10:30 Open Table Games, AR	1:00 Scrabble w/ Friends, AR	6:00 Evening News, AR	9:30 Bank Runs 10	10:00 Morning Paper & Talk, AR	10:30 Monday Morning Fitness, AR	1:00 Glee Club Freedom Songs/Spirituals	2:00 Outing: Rosie's Gaming	2:00 Dining Services Meeting, DR	9:00 Medical Runs, 48 Hour Notice 11	10:00 Coffee Hour and Chat, AR	1:00 Jackpot Bingo, AR	2:00 Nature Documentary w/Gill and Popcorn, AR	6:00 What's on the News?, AR	9:00 Medical Runs, Request in Advance! 12	10:30 Flex and Stretch Exercise Class, AR	11:00 Inspirational Reading, AR	1:00 Devotions and Bible Study w/Pastor Thurman	2:30 Town Hall Meeting, AR	2:30 Renewal of Wedding Vows w/Pastor Thurman, AR	3:00 Crochet Hour, AR	9:00 Classical Music and Morning Paper, AR 13	10:00 Conversation w/ Tea Time, AR	10:00 Scrabble w/Friends, WR	1:00 Jigsaw Fun, AR	2:30 Healthy Hearts Presentation by Care Advantage, AR	3:00 Jackpot Bingo, AR	3:00 Card Games Challenge a Peer, WR	VALENTINE'S DAY 14		9:00 Lobby Lounging and Chats, AR	10:00 Shopping: Target	10:30 Balance Exercise Class, AR	1:00 Shopping: Walmart	3:00 Happy Hour, AR	5:30 News Updates, AR	9:00 Saturday Paper w/Friends, AR 15	10:30 Bring Back Bridge Club, AR	11:00 Word Search Puzzles, AR	1:30 Trip: Scenic Ride	3:00 Lounging w/ Friends, WR	5:30 Evening News, AR			
9:00 Church Runs 16	9:30 Big Screen Gospel and Bible Word Puzzles, AR	10:30 Open Table Games, AR	1:00 Scrabble w/ Friends, AR	6:00 Evening News, AR	PRESIDENTS DAY 17		9:30 Bank Runs	10:00 Morning Paper & Talk, AR	10:30 Monday Morning Fitness, AR	10:30 Monday Fitness: Strong Legs	1:00 Glee Club Freedom Songs/Spirituals	3:15 Outing: Relaxing Scenic Ride	6:00 South Hampton Women's Bingo, AR	9:00 Medical Runs, 48 Hour Notice 18	10:00 Coffee Hour and Chat, AR	1:00 Jackpot Bingo, AR	2:00 African American History Celebration, DR	3:00 Movie: Romantic Comedy, AR	6:00 What's on the News?, AR	9:00 Medical Runs, Request in Advance! 19	10:00 Spa Day (Hand and Nail Care)	1:00 Devotions and Bible Study w/ Pastor Thurman	2:30 Scrabble w/Friends, AR	3:00 Crochet Hour, AR	9:00 Classical Music and Morning Paper, AR 20	10:00 Conversation w/ Tea Time, AR	10:00 Scrabble w/Friends, WR	1:00 Jigsaw Fun, AR	3:00 Jackpot Bingo, AR	3:00 Card Games Challenge a Peer, WR	4:30 Murder at Mardi Gras, DR	21		9:00 Lobby Lounging and Chats, AR	10:00 Shopping: Goodwill	10:30 Balance Exercise Class, AR	1:00 Shopping: Walmart	5:30 News Updates, AR	9:00 Saturday Paper w/Friends, AR 22	11:00 Word Search Puzzles, AR	3:00 Lounging w/ Friends, WR	5:30 Evening News, AR				
9:00 Church Runs 23	9:30 Big Screen Gospel and Bible Word Puzzles, AR	10:30 Open Table Games, AR	1:00 Scrabble w/ Friends, AR	6:00 Evening News, AR	24		9:30 Bank Runs	10:00 Morning Paper & Talk, AR	10:30 Sit and Be Fit Exercise Class, AR	10:30 Monday Morning Fitness, AR	1:00 Glee Club Freedom Songs/Spirituals	1:30 Crossword Puzzles and Word Games, AR	2:00 Birthday Party!, AR	3:15 Outing: Relaxing Scenic Ride	9:00 Medical Runs, 48 Hour Notice 25	10:00 Coffee Hour and Chat, AR	11:30 Pokeno, WR	1:00 Jackpot Bingo, AR	2:00 Resident Birthday Party, DR	6:00 What's on the News?, AR	ASH WEDNESDAY 26		9:00 Medical Runs, Request in Advance!	10:30 Flex and Stretch Exercise Class, AR	11:00 Inspirational Reading, AR	1:00 Devotions and Bible Study w/Pastor Thurman, AR	3:00 Crochet Hour, AR	3:30 Trivia and Jokes and Oatmeal Cookie Baking, AR	9:00 Classical Music and Morning Paper, AR 27	10:00 Conversation w/ Tea Time, AR	10:00 Scrabble w/Friends, WR	11:15 Lunch Outing: Mission BBQ	1:00 Jigsaw Fun, AR	3:00 Jackpot Bingo, AR	3:00 Card Games Challenge a Peer, WR	28		9:00 Lobby Lounging and Chats, AR	10:00 Shopping: Kroger	10:30 Balance Exercise Class, AR	3:00 Happy Hour, AR	5:30 News Updates, AR	9:00 Saturday Paper w/Friends, AR 29	11:00 Word Search Puzzles, AR	3:00 Lounging w/ Friends, WR	5:30 Evening News, AR