

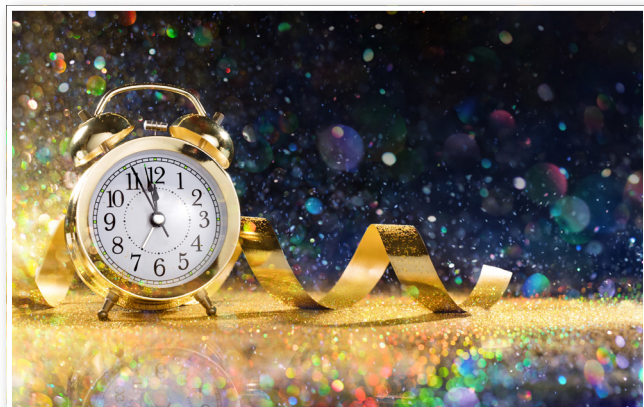
Mr. New Year's Eve

When the clock strikes midnight on New Year's Eve, countless revelers will burst into a chorus of "Auld Lang Syne." The Scottish folk song has become a holiday tradition thanks largely to one man, bandleader Guy Lombardo, nicknamed "Mr. New Year's Eve."

Born in Ontario to a musical family, Lombardo, his three brothers and several friends formed the Royal Canadians in 1924. Five years later, the band performed a live radio broadcast from New York City's Roosevelt Hotel on Dec. 31. They bid farewell to the old year by playing "Auld Lang Syne," which the Lombardos knew from their childhood and often used as a show finale.

The group's annual radio show continued until 1956, when it made the switch to TV. Viewers tuned in each holiday to watch Lombardo and his Royal Canadians, which grew into a 16-piece orchestra, play popular and classic tunes, and see the crowds gathered in Times Square.

After nearly 50 years of festivities, Lombardo led his last show in 1976. But his legacy lives on as his rendition of "Auld Lang Syne" is the first song played after the ball drops in Times Square.



Unwrapping the Tamale Tradition

The holidays are a time when families gather together and make memories. In many Latino homes, a treasured seasonal tradition is making tamales.

The tamale was developed thousands of years ago by Mesoamerican people. A corn-based dough called masa is spread on a cornhusk or banana leaf and topped with meat and a variety of other ingredients. The husk or leaf is then rolled up to contain the fillings inside the dough. Later, the bundles are steamed and unwrapped before eating.



Because making tamales from scratch is both time- and labor-intensive, they are usually reserved for special occasions. Over the years, the ritual of hosting a tamalada, a tamale-making party, was born. Family members gather in the kitchen and spend the day preparing and assembling dozens, even hundreds, of tamales for upcoming holiday dinners. Tamales are often shared with friends and neighbors, and can also be frozen.

While tamaladas produce a tasty outcome, many value the social aspects even more. Talking, laughing, reminiscing and passing on this culinary tradition to new generations has become a cherished holiday custom.



The Devonshire

Lifestyle



Assisted Living Community

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DECEMBER 2019

Fun and Festive Fashions

Festive designs with clashing colors and lots of embellishments ... That's the idea behind the ugly holiday sweater tradition.

Holiday-patterned knitted pullovers first became popular after World War II. Called jingle bell sweaters, they featured winter scenes such as snowflakes and reindeer. In the 1980s, several TV and movie characters sported updated styles of the nostalgic sweaters as well as new ones with bold, colorful patterns, which were fashionable at the time.

A new tongue-in-cheek trend was sparked in 2001, when two friends in Canada threw a party and asked their guests to wear ugly holiday sweaters. The gathering grew into an annual event, and others joined in the festive practice. People began scouring thrift stores for vintage sweaters while brand-new ugly sweaters showed up in department stores and on fashion runways. Getting decked out in the novelty garments has become a jolly way to celebrate the season.

When it comes to ugly sweaters, the flashier, the better! Holiday patterns are often adorned with sequins, pompoms, bows, garland and even lights. At this time of year, many parties feature ugly sweater contests, with participants competing for the title of tackiest design.

Greetings, Devonshire Residents

November was all about kindness and giving back. We were able to collect over 100 lbs of non-perishable food items for the food bank; thanks for your help! We will keep the donation box near the Independent Living Activity Room through the holidays if you would like to continue to contribute.

We enjoyed celebrating our veterans at our Veterans Day Ceremony. We continue to thank you for sacrifices you made for our country.

It was wonderful to see your families at the Thanksgiving Luncheon last month. We had a wonderful time.

I look forward to a prosperous New Year with you here at The Devonshire. 2020 has great things in store for us!

Happy Holidays,
Natalie Fox
Executive Director





ASSISTED LIVING

DECEMBER 2019

Locations

- Activities Room, AR
- Activities Room Hallway, AH
- Court Yard, CY
- Dining Room, DR
- Game Room, GR
- Independent Living Activities Room, IA
- Independent Living Dining Room, IL
- Outing, O
- Patio, P
- Windsor Room, WR

Birthdays

- Linda Dreybus, 10th
- Suzanne Anderson, 12th
- Paul Fleming, 22nd
- Robert Griffin, 28th
- Dorothy Abernathy, 28th

Transportation Schedule

- Thursday, 11:10 a.m.
Lunch Outings
- Thursday, 2 p.m.
Trip: Scenic Ride

Additional Services

Monday, Wednesday & Saturday
11 a.m.-Noon Country

“Always be on the
lookout for the
presence of wonder.”
—E.B. White

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>9:00 Sunday School, IA</div> <div>9:30 Bible Scripture Reading, AR</div> <div>10:30 Gospel Sounds, AR</div> <div>2:00 Sunday Matinee, AR</div> <div>6:45 Individual Art for the Heart, AR</div>	<div>2</div> <div>10:00 Fitness & Moves, AR</div> <div>10:30 What’s Up America Trivia, AR</div> <div>11:00 Hot Tea & Pastry, AR</div> <div>2:00 Bingo w/Prizes, AR</div> <div>4:00 Table Games and Puzzles, AR</div>	<div>3</div> <div>10:00 Christmas Poems & Trivia, AR</div> <div>10:30 Second Chance and Name 10, AR</div> <div>11:00 Holiday Word Games, AR</div> <div>1:30 Tree Trimming Party, DR</div> <div>2:00 Nail Care: Satin Hands, AR</div> <div>6:00 Abundant Life Tabernacle Church, AR</div>	<div>4</div> <div>10:30 Decorating Sugar Cookies, AR</div> <div>11:00 Funny Socks Day</div> <div>2:00 Bingo w/Prizes</div> <div>3:15 Adult Coloring: Flowers, AR</div> <div>4:00 Table Games and Puzzles, AR</div>	<div>5</div> <div>10:00 Nature Art & Craft, AR</div> <div>10:30 Reminiscing in November, AR</div> <div>10:45 Connect Four & Jenga, AR</div> <div>1:30 Trip: Scenic Ride, O</div> <div>2:45 Ladies’ Card Games, AR</div> <div>3:30 Holiday Musical Singalong, AR</div>	<div>6</div> <div>10:00 Jazzy Exercise, AR</div> <div>10:30 Book Club & Chat, AR</div> <div>11:00 Art and Crafts: Painting, AR</div> <div>1:30 Friday Bingo, AR</div> <div>6:00 “St. Nicholas” Movie, AR</div>	<div>7</div> <div>10:00 Coupons Picking, AR</div> <div>11:00 Individual Adult Coloring</div> <div>2:00 Trip: Scenic Ride, AR</div> <div>3:00 Table Games Checkers/Board Game, AR</div>
<div>8</div> <div>9:00 Sunday School, IA</div> <div>9:30 Bible Scripture Reading, AR</div> <div>10:30 Gospel Sounds, AR</div> <div>2:00 Sunday Matinee, AR</div> <div>6:45 Individual Art for the Heart, AR</div>	<div>9</div> <div>10:00 Fitness & Moves, AR</div> <div>10:30 What’s Up America Trivia, AR</div> <div>11:00 Hot Cocoa & Holiday Trivia, AR</div> <div>2:00 Bingo w/Prizes, AR</div> <div>3:30 Nature Video (Birds), AR</div> <div>4:00 Table Games and Puzzles, AR</div> <div>6:00 Trip: Holiday Lights, O</div>	<div>10</div> <div>10:00 Physical Games: Balloon Volleyball, AR</div> <div>10:30 Second Chance and Name 10, AR</div> <div>11:00 Holiday Word Games, AR</div> <div>2:00 Nail Care: Satin Hands, AR</div> <div>3:30 Travel Video, AR</div> <div>6:00 Trip: Holiday Lights, O</div>	<div>11</div> <div>11:00 Bible Books and Trivia, AR</div> <div>2:00 Bingo w/Holiday Prizes, AR</div> <div>3:15 Nature Crafts, AR</div> <div>4:00 Table Games and Puzzles, AR</div>	<div>12</div> <div>10:00 Gingerbread House Making w/Cocoa, AR</div> <div>10:30 Physical Game: Golf, CY</div> <div>1:30 Trip: Scenic Ride, O</div> <div>2:45 Ladies’ Card Games, AR</div> <div>3:30 Holiday Musical Singalong, AR</div> <div>4:30 Forest of the Trees Event</div>	<div>13</div> <div>10:00 Jazzy Exercise, AR</div> <div>10:30 Book Club & Chat, AR</div> <div>11:00 Card Game: Uno, AR</div> <div>1:30 Friday Bingo, AR</div> <div>3:00 Holiday Happy Hour</div> <div>3:00 “Christmas w/ the Kranks,” AR</div>	<div>14</div> <div>10:00 Coupons Picking, AR</div> <div>10:30 Christmas Movie: “Elf,” AR</div> <div>11:00 Individual Adult Coloring</div> <div>2:00 Trip: Scenic Ride, AR</div> <div>3:00 Table Games Checkers/Board Game, AR</div>
<div>15</div> <div>9:00 Sunday School, IA</div> <div>9:30 Bible Scripture Reading, AR</div> <div>10:30 Gospel Sounds, AR</div> <div>2:00 Sunday Matinee, AR</div> <div>6:45 Individual Art for the Heart, AR</div>	<div>16</div> <div>10:00 Fitness & Moves, AR</div> <div>10:30 What’s Up America Trivia, AR</div> <div>2:00 Bingo w/Prizes, AR</div> <div>4:00 Table Games and Puzzles, AR</div>	<div>17</div> <div>10:30 Second Chance and Name 10, AR</div> <div>11:00 Holiday Word Games, AR</div> <div>2:00 Nail Care: Satin Hands, AR</div> <div>2:30 The Movie: “A Christmas Carol”</div> <div>3:00 Popcorn & Sodas, AR</div>	<div>18</div> <div>10:00 Physical Games: Golfing and Horse Racing, AR</div> <div>11:00 Men’s Groups, AR</div> <div>2:00 Music w/Bonnie and Friends, DR</div> <div>3:00 Bingo Bucks, AR</div> <div>4:00 Table Games and Puzzles, AR</div>	<div>19</div> <div>10:45 Connect Four & Jenga, AR</div> <div>11:15 Trip: Lunch Outing (Olive Garden), O</div> <div>1:30 Trip: Scenic Ride, O</div> <div>2:00 Yoga w/Tina, AR</div> <div>2:45 Ladies’ Card Games, AR</div> <div>3:30 Holiday Musical Singalong, AR</div>	<div>20</div> <div>10:00 Jazzy Exercise, AR</div> <div>10:30 Book Club & Chat, AR</div> <div>11:15 Faces and Places, AR</div> <div>1:30 Friday Bingo, AR</div> <div>2:00 Residents Christmas Party, IA</div> <div>2:30 Holiday Movie: “National Lampoon’s Christmas,” AR</div> <div>3:00 Christmas Cookies & Hot Cocoa, AR</div>	<div>21</div> <div>WINTER BEGINS</div> <div>9:30 Breakfast & Picture w/Santa, IA</div> <div>10:00 Coupons Picking, AR</div> <div>11:00 Individual Adult Coloring</div> <div>2:00 Trip: Scenic Ride, AR</div> <div>3:00 Table Games Checkers/Board Game, AR</div>
<div>HANUKKAH BEGINS AT SUNSET 22</div> <div>9:00 Sunday School, IA</div> <div>9:30 Bible Scripture Reading, AR</div> <div>10:30 Gospel Sounds, AR</div> <div>11:00 Video on Hanukkah, AR</div> <div>2:00 Sunday Matinee, AR</div>	<div>23</div> <div>10:00 Fitness & Moves, AR</div> <div>10:30 What’s Up America Trivia, AR</div> <div>2:00 Bingo w/Prizes, AR</div> <div>3:00 Card Games: Blackjack (Men’s Group), WR</div> <div>4:00 Table Games and Puzzles, AR</div>	<div>24</div> <div>10:00 Physical Games: Bean Bag & Ring Toss, AR</div> <div>10:30 Second Chance and Name 10, AR</div> <div>11:00 Holiday Word Games, AR</div> <div>2:00 Holiday Movie: “It’s a Wonderful Life,” AR</div> <div>3:00 Christmas Eve Social w/Eggnog and Fruitcake, AR</div>	<div>25</div> <div>CHRISTMAS DAY</div> <div>10:00 Christmas Parade, AR</div> <div>10:30 Hot Tea or Hot Cider w/Pastries, AR</div> <div>1:30 Musical Christmas Video, AR</div> <div>2:00 Christmas Movie: “A Christmas Story,” AR</div> <div>4:00 Table Games and Puzzles, AR</div>	<div>26</div> <div>10:00 All About Kwanzaa, AR</div> <div>10:45 Connect Four & Jenga, AR</div> <div>1:30 Trip: Scenic Ride, O</div> <div>2:45 Ladies’ Card Games, AR</div> <div>3:30 Holiday Musical Singalong, AR</div>	<div>27</div> <div>10:00 Jazzy Exercise, AR</div> <div>10:30 Book Club & Chat, AR</div> <div>11:15 Faces and Places, AR</div> <div>1:30 Friday Bingo, AR</div> <div>3:30 TGIF Social Hour, AR</div>	<div>28</div> <div>10:00 Coupons Picking, AR</div> <div>11:00 Individual Adult Coloring</div> <div>2:00 Trip: Scenic Ride, AR</div> <div>3:00 Table Games Checkers/Board Game, AR</div>
<div>29</div> <div>9:00 Sunday School, IA</div> <div>9:30 Bible Scripture Reading, AR</div> <div>10:30 Gospel Sounds, AR</div> <div>2:00 Sunday Matinee, AR</div> <div>6:45 Individual Art for the Heart, AR</div>	<div>30</div> <div>10:00 Fitness & Moves, AR</div> <div>10:30 What’s Up America Trivia, AR</div> <div>11:00 Hot Apple Cider & Reminiscing, AR</div> <div>2:00 Bingo w/Prizes, AR</div> <div>4:00 Table Games and Puzzles, AR</div>	<div>31</div> <div>NEW YEAR’S EVE</div> <div>10:00 Chair Exercise, AR</div> <div>10:30 Second Chance and Name 10, AR</div> <div>11:00 New Year’s Resolution</div> <div>2:00 Pre New Year’s Eve Party</div> <div>3:30 Musical Video, AR</div>				