

## Celebrated Sax Players

On Nov. 6, Saxophone Day, muse on some of the instrument's most iconic artists.

**Charlie Parker** — Widely called history's greatest sax player, Parker's musical innovations led to the formation of the bebop style of jazz. He is remembered fondly by his famed nickname, "Bird."

**Lester Young** — Often sporting a porkpie hat, this stylish saxophonist was known for playing warm, relaxing tones and popularizing slang such as "that's cool" and "dig it."

**Ben Webster** — A member of Duke Ellington's orchestra, Webster's habit of switching between tender, bluesy ballads and growling, high-energy pieces earned him the name "the Brute and the Beautiful."

**Stan Getz** — The tenor sax player known as "the Sound" is credited with introducing the Brazilian musical style bossa nova to American audiences, winning a Grammy Award in 1965 for his hit "The Girl From Ipanema."

**John Coltrane** — Implementing a unique style of chord progression that came to be called "sheets of sound," Coltrane is revered as a pioneer in experimental jazz.

**Michael Brecker** — Exploring the worlds of jazz, pop and rock, Brecker's talents on the tenor saxophone allowed him to collaborate with dozens of big-name artists, including Herbie Hancock, Paul Simon and Billy Joel.

**Grover Washington Jr.** — Fans of smooth jazz have Washington to thank, who helped develop the genre in the 1970s and '80s.

Southern cooks often serve cornbread dressing, which is made with blue cornmeal in Southwestern states.

**A berry good idea:** Fruit at Thanksgiving? It has to be cranberries. While jellied cranberry sauce from a can remains popular throughout the country, homemade versions take on distinguishing characteristics: Pure cranberry sauce is a staple in Western states, the Northeast is home to cranberry relish with citrus peel, and cranberry salad can be found in the South and Midwest.

**Praiseworthy pies:** Leave plenty of room on your plate for pie—nearly every region has its own specialty. Pumpkin pie is popular in most states, but in the South, sweet potato pie is king. Southerners also love their pecan pie, which is a favorite in the Midwest, too. Apple pie and Concord grape pie are enjoyed in the Northeast, and a Michigan dessert table isn't complete without cherry pie.

## Thanksgiving Favorites Across the Nation

If you look at the dinner tables across the country at Thanksgiving, it's unlikely you'll find any two feasts that are exactly the same. Every family has its own food traditions, but many homes in the same region enjoy similar holiday dishes.

**Ocean offerings:** Historians believe a variety of shellfish was abundant at the original Thanksgiving feast, and the tradition continues today in several regions. In New England, mussels are a popular side dish, as is oyster stuffing, a favorite in the South, too. And you just may find green bean salad with octopus on a holiday table in Hawaii.

**Corn of plenty:** Many New England tables feature corn on the cob as a nod to the first Thanksgiving, while corn casserole or corn pudding is commonly found in the Midwest.

# The Devonshire

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NOVEMBER 2020

## Acres of Acorn Trivia

Tiny seeds that turn into mighty oak trees, acorns adorn many fall tables as a symbol of the season. When you see them scattered on the sidewalk or decorating a Thanksgiving centerpiece, tip your cap to these acorn facts:

- Though size and shape vary depending on the species of oak, acorns are generally round or oval nuts with a woody cap. When ripe, the green nuts turn brown and drop to the ground.
- An oak tree doesn't form acorns until it's about 20 years old. A tree that is 70 years old can yield thousands of acorns in one year.
- Most oak trees only produce acorns every two to three years.
- Animals that love eating acorns include squirrels, deer, mice and many types of birds, which depend on the nutrient-packed seeds for survival.
- People can eat acorns too, and they were a main source for many native tribes in North America.
- In folklore, acorns represent wealth and protection.

## Preserving Veterans' Stories

With thousands of stories of service and sacrifice, the Veterans History Project preserves and shares the firsthand accounts of America's war veterans.

Created in 2000 by the U.S. Congress, the ongoing program is part of the American Folklife Center at the Library of Congress. The personal narratives of men and women who served in all branches of the military from World War I to present-day conflicts are being collected. Their memories help document history and provide a better understanding of the realities of war for future generations.

Veterans are encouraged to share their experiences by submitting video or audio interviews, written memoirs, letters, photos and other historical documents. Families of deceased veterans can also contribute.

To date, the project has collected 108,000 stories, making it the nation's largest archive of oral history of its kind. Some accounts have been digitized and are available for viewing online.

To learn more about the Veterans History Project and how to participate, visit [LOC.gov/vets](http://LOC.gov/vets).



**NOVEMBER 2020**

**Locations**

- Activities Room, AR
- Activities Room Hallway, AH
- Courtyard, CY
- Dining Room, DR
- Game Room, GR
- Independent Living Activities Room, IA
- Independent Living Dining Room, IL
- Outing, O
- Patio, P
- Windsor Room, WR

**Birthdays**

Nancy Walls, 30th

**Country Store**

Tuesday, Thursday & Sunday  
11 a.m.-Noon

“Thanksgiving just gets me all warm and tingly and all kinds of wonderful inside.”

—Willard Scott

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>DAYLIGHT SAVING TIME ENDS 1</p> <p><b>9:30 TV Sunday Service, AR</b></p> <p>10:30 Gospel Sounds in Residents' Rooms</p> <p>2:00 <i>Sunday Matinee, AR</i></p> <p>5:00 Individual Art</p>	<p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Fitness and fun, AH</p> <p><b>10:30 Fall Crafts and Apple Cider, AR</b></p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>3:00 Hot Cocoa w/ Holiday Chat &amp; Muffins, AR</b></p>	<p>ELECTION DAY 3</p> <p><b>10:00 Coffee and Chat w/Muffins, AR</b></p> <p><b>10:30 Health Talk (Fruits)</b></p> <p>11:00 Physical Game: Ring Toss, AH</p> <p><b>1:30 Nail Care, AR</b></p> <p>3:30 Library Books</p>	<p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Spiritual Reading, AR</p> <p><b>11:00 Cookie Day (Sugar Cookies), DR</b></p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>3:15 Outside w/ Nature, CY</b></p>	<p>9:30 Outside w/Word Games, CY</p> <p><b>10:00 Coffee and Chat w/Muffins, AR</b></p> <p>2:00 Movie Time w/ Popcorn, AR</p> <p><b>2:45 Peanut Butter Cookies Day, AR</b></p>	<p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Door-to-Door Trivia, AR</p> <p>11:00 Outside w/Nature, CY</p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>2:30 Happy Hour and Music, AH</b></p> <p><b>3:00 Nacho and Sauce, AR</b></p>	<p>10:00 Individual Word Finding and Crossword Puzzle</p> <p><b>11:00 Individual Adult Coloring</b></p> <p>2:30 Outside Sitting, AR</p>
<p>8</p> <p><b>9:30 TV Sunday Service, AR</b></p> <p>10:30 Gospel Sounds in Residents' Rooms</p> <p>2:00 <i>Sunday Matinee, AR</i></p> <p>5:00 Individual Art</p>	<p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Fitness and fun, AH</p> <p><b>11:00 All About World Freedom Day</b></p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>3:00 Hot Cocoa w/Holiday Chat &amp; Muffins, AR</b></p> <p>3:30 Nature Video (Birds), AR</p>	<p>10</p> <p><b>10:00 Coffee and Chat w/Muffins, AR</b></p> <p>11:00 Physical Game: Ring Toss, AH</p> <p><b>1:30 Nail Care, AR</b></p> <p><b>2:30 Baking Cookies</b></p> <p>3:30 Library Books</p>	<p>VETERANS DAY 11</p> <p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Spiritual Reading, AR</p> <p><b>10:30 Veterans Day Recognition, AR</b></p> <p><b>11:00 Cookie Day (Sugar Cookies), DR</b></p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>3:00 Outside w/Nature, CY</b></p>	<p>12</p> <p><b>10:00 Coffee and Chat w/Muffins, AR</b></p> <p><b>10:30 Chicken Soup for the Soul, AR</b></p> <p>2:00 Movie Time w/ Popcorn, AR</p>	<p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Door-to-Door Trivia, AR</p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>2:30 Happy Hour and Music, AH</b></p> <p><b>3:00 TGIF Social (Door to Door), AH</b></p>	<p>10:00 Individual Word Finding and Crossword Puzzle</p> <p><b>11:00 Individual Adult Coloring</b></p> <p>2:30 Outside Sitting, AR</p>
<p>15</p> <p><b>9:30 TV Sunday Service, AR</b></p> <p>10:30 Gospel Sounds in Residents' Rooms</p> <p>2:00 <i>Sunday Matinee, AR</i></p> <p>5:00 Individual Art</p>	<p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p><b>10:00 Fall Crafts and Apple Cider</b></p> <p>10:00 Fitness and fun, AH</p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>3:00 Hot Cocoa w/ Holiday Chat &amp; Muffins, AR</b></p>	<p>17</p> <p><b>10:00 Coffee and Chat w/Muffins, AR</b></p> <p><b>10:00 Thanksgiving Crafts, AR</b></p> <p>11:00 Physical Game: Ring Toss, AH</p> <p><b>1:30 Nail Care, AR</b></p> <p>3:30 Library Books</p>	<p>18</p> <p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Spiritual Reading, AR</p> <p><b>11:00 Cookie Day (Sugar Cookies), DR</b></p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>3:15 Outside w/ Nature, CY</b></p>	<p>19</p> <p><b>10:00 Coffee and Chat w/Muffins, AR</b></p> <p>10:30 Individual Board Games, AR</p> <p>2:00 Movie Time w/ Popcorn, AR</p> <p><b>2:30 Holiday Places Discussion, AR</b></p>	<p>20</p> <p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Door-to-Door Trivia, AR</p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>2:30 Happy Hour and Music, AH</b></p>	<p>10:00 Individual Word Finding and Crossword Puzzle</p> <p><b>11:00 Individual Adult Coloring</b></p> <p>2:30 Outside Sitting, AR</p>
<p>22</p> <p><b>9:30 TV Sunday Service, AR</b></p> <p>10:30 Gospel Sounds in Residents' Rooms</p> <p>2:00 <i>Sunday Matinee, AR</i></p> <p>5:00 Individual Art</p>	<p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Fall Trivia and Places, AR</p> <p>10:00 Fitness and fun, AH</p> <p>11:00 Things in History Today, AH</p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>3:00 Hot Cocoa w/Holiday Chat &amp; Muffins, AR</b></p>	<p>24</p> <p><b>10:00 Coffee and Chat w/Muffins, AR</b></p> <p>11:00 Physical Game: Ring Toss, AH</p> <p><b>12:30 Residents' Council Meeting, AR</b></p> <p><b>1:30 Nail Care, AR</b></p> <p>3:00 Hydration Drinks (Door to Door), AH</p> <p>3:30 Library Books</p>	<p>25</p> <p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Spiritual Reading, AR</p> <p><b>11:00 Cookie Day (Sugar Cookies), DR</b></p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>3:00 Refreshing Fresh Fruit Cups</b></p>	<p>THANKSGIVING 26</p> <p><b>9:30 Thanksgiving Day Movie, AR</b></p> <p><b>10:00 Coffee and Chat w/Muffins, AR</b></p> <p>2:00 Movie Time w/ Popcorn, AR</p> <p><b>4:00 Football Social, AR</b></p>	<p>27</p> <p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Door-to-Door Trivia, AR</p> <p>11:00 Outside w/ Ring Toss, CY</p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>2:30 Happy Hour and Music, AH</b></p> <p>3:30 Word Search Puzzle, AR</p>	<p>10:00 Individual Word Finding and Crossword Puzzle</p> <p><b>11:00 Individual Adult Coloring</b></p> <p>2:30 Outside Sitting, AR</p>
<p>29</p> <p><b>9:30 TV Sunday Service, AR</b></p> <p>10:30 Gospel Sounds in Residents' Rooms</p> <p>2:00 <i>Sunday Matinee, AR</i></p> <p>5:00 Individual Art</p>	<p>9:45 Daily Update, Deep Breathing &amp; Stretching, AR</p> <p>10:00 Fitness and fun, AH</p> <p>1:30 Bingo w/Prizes, AH</p> <p><b>3:00 Hot Cocoa w/ Holiday Chat &amp; Muffins, AR</b></p>					