Canine War Heroes

Military working dogs have a long legacy of brave acts during combat. During National Service Dog Month in September, salute some of history's heroic canines:

Sallie: A Staffordshire bull terrier, Sallie was the mascot of the 11th Pennsylvania Volunteer Infantry during the Civil War. At the Battle of Gettysburg, she was separated From her unit and discovered three days later guarding wounded soldiers. A bronze statue of Sallie is part of a monument at the historic battle site.

Stubby: This stray bull terrier mutt gained fame for his courageous deeds in World War I. His sharp hearing and sense of smell warned Army troops of incoming shells and gas attacks, and he once caught an enemy spy by the seat of the pants. Stubby received numerous honors, including the rank of sergeant, and later served as Georgetown University's mascot.

Chips: Trained as an Army sentry, Chips was a mix of German shepherd, collie and husky. He became the most famous military dog of World War II for his heroism at the 1943 invasion of Sicily, where he charged into gunfire to attack enemy soldiers, forcing their surrender.

Smoky: U.S. Air Force troops serving in the Pacific during World War II discovered this 4-pound Yorkshire terrier in a foxhole, and she quickly became a morale-booster, performing tricks and serving as a therapy dog for injured soldiers. Her small size became famously vital when she ran phone lines through a narrow pipe beneath an airstrip, a dangerous task that would have taken the troops three days.

Nemo: While serving as a sentry in the Air Force during the Vietnam War, this German shepherd showed great bravery and loyalty when he and his handler were hit by enemy fire. Despite severe injuries, Nemo leaped at their attackers, giving the airman time to radio for reinforcements. The dog then covered his handler's body with his own until help arrived.

'60 Minutes' Still Ticking

It's a familiar sound to many TV viewers on Sunday nights: a ticking stopwatch signaling the start of "60 Minutes." The weekly program pioneered the newsmagazine format when it debuted Sept. 24, 1968, and it celebrates its 50th anniversary this month.

The show was created by TV producer Don Hewitt, who had a new idea for presenting documentaries. Inspired by the diverse content of print magazines, his vision was an hourlong show with three short segments that offered a mix of serious stories and lighter features.

Journalists Harry Reasoner and Mike Wallace were the first hosts of "60 Minutes," which aired in various time slots before settling on Sunday nights. Other notable reporters over the years include Ed Bradley, Morley Safer, Diane Sawyer and Lesley Stahl. From 1978 until 2011, the program closed with a thoughtful, often humorous, commentary by Andy Rooney.

Known for its investigative reports, interviews with U.S. presidents and other world leaders, and profiles of entertainers and athletes, "60 Minutes" has won more than 135 Emmy Awards and numerous honors for distinguished journalism.

The famous ticking stopwatch didn't appear in the first show, but was added later to open the broadcast, mark the time between segments, and run during the closing credits.

F



Multiple Generations, **Many Perks**

From mentoring schoolchildren to chatting with a teenage food server, intergenerational relationships and encounters provide numerous benefits for all.

Many older adults say they feel more energized after spending time with young people, whether they're volunteering together, working on a craft, playing a game or just talking. Enjoying each other's company and giving advice can boost self-esteem and provide a sense of belonging. Research shows that seniors score better on memory tests and report higher life satisfaction after interacting with younger generations.

These experiences are also rewarding for children and young adults. They thrive on receiving positive attention and nurturing support From older mentors, who can teach them valuable lessons.

Seniors can learn about new trends and technology From their younger friends and family members, and in return pass along their history and traditions to the next generations.

Many schools, neighborhood groups and senior living communities have recognized the benefits of multigenerational relationships and are encouraging this type of meaningful interaction. Responding to growing demand, many homebuilders are designing living spaces that accommodate young families and aging adults under one roof or in the same neighborhood.



SEPTEMBER 2018

The Lunchbox Legacy

The sight of a metal lunchbox is a source of nostalgia for many people who carried one to school or work.

Beginning in the late 1800s, workers and children packed their lunches in cloth, wicker baskets, metal pails and tins. In 1902, the first true lunchbox was sold. Created for kids, it was made of metal, resembled a picnic basket and featured images of playing children.

The design of these containers changed in the following years. The familiar dome-shaped worker's lunchbox with a thermos bottle for keeping beverages hot or cold debuted in 1911. Then in 1935, the first lunchbox to showcase a licensed character came on the market in the form of an oval metal tin decorated with Mickey Mouse and his friends. School lunches were forever changed in 1950, the year that Aladdin Industries produced a square metal lunchbox with a picture of TV cowboy Hopalong Cassidy. With 600,000 sold in the first year, the product proved that lunchboxes and entertainment went hand in hand. For several decades, kids used their lunchboxes to show off their favorite TV shows, cartoons, movie stars, music groups, sports teams and video games.

Most of today's lunchboxes are made of plastic or insulated fabric, though pop culture franchises remain popular designs. Vintage lunchboxes are also common collectibles.





SUNDAY

ASSISTED LIVING

SE

SEPTEMBER 2018					
Locations Activities Room, AR Activities Room Hallway, AH Court Yard, CY Dining Room, DR Game Room, GR	9:00 Sunday 2 School, IA 9:30 Bible Scripture Reading, AR 10:30 Gospel Sounds, AR 2:00 Trip: Scenic Ride, AR 6:45 Individual Art for the Heart, AR	2 LABOR DAY 3 10:00 Fitness & Moves, AR 10:30 Daily Update and Spiritual Reading, AR 11:00 September Word Games, AR 2:00 Bingo & Chocolate, AR 3:00 Labor Day Movie, AR 6:45 Card Games, AR	 9:45 Outside Walking 10:00 Reminiscing Cooking, AR 11:00 Trivia Plus More, AR 1:30 Nail Care (Satin Hands), AR 3:30 National Wildlife (Talking & Video) 	 10:00 Chair Exercise, AR 10:30 News & Views 11:00 Juice & Juice Time, AR 2:00 Bingo Bucks, AR 3:15 Adult Coloring & Framing, AR 6:45 Fun Flicks & Popcorn, AR 	 10:00 Walking Club 10:15 Touch and Smell (Nature), CY 11:15 Trip: Lunch Outing, C 1:30 Trip: Scenic Ride, O 2:30 Documentary Traveling Places (Video), AR
Independent Living Activities Room, IA Independent Living Dining Room, IL Outing, O Patio, P Windsor Room, WR			PATRIOT DAY 11 9:45 Outside Walking 10:00 Lemonade and Reminiscing, AR 11:00 Trivia Plus More, AR 1:30 Nail Care (Satin Hands), AR 3:30 National Wildlife (Talking & Video) 3:30 Art Expression, AR	10:00Chair Exercise, AR1210:30National Sewing Month, AR11:00News Update, AR2:00Bingo Bucks, AR3:15Root Beer Float, AR6:45Fun Flicks & Popcorn, AR	10:00Walking Club1310:15Touch and Smell (Nature), CY11:15Trip: Lunch Outing, C1:30Trip: Scenic Ride, O2:30Documentary Traveling Places (Video), AR
Birthdays Ida Jenkins, 26th JoAnn Prietley, 26th Transportation Schedule	9:00 Sunday School, IA 9:30 Bible Scripture Reading, AR 10:30 Gospel Sounds, AR 2:00 Trip: Scenic Ride, O 6:45 Individual Art for the Heart, AR	6 10:00 Fitness & Moves, AR 17 10:30 Daily Update and Spiritual Reading, AR 11:00 September Word Games, AR 2:00 Bingo & Chocolate, AR 3:00 Nature Art Work (Rock Painting), AR 6:45 Card Games, AR	 YOM KIPPUR BEGINS AT SUNSET 18 9:45 Outside Walking 10:00 Satin Hand and Nail Care, AR 11:00 Trivia Plus More, AR 1:30 Nail Care (Satin Hands), AR 3:30 National Wildlife (Talking & Video) 	10:00Chair19Exercise, ARExercise, AR10:30World News, AR11:00Name 10, AR2:00Bingo Bucks, AR3:15Wood Crafts, AR6:45Fun Flicks & Popcorn, AR	 10:00 Walking Club 20 10:15 Touch and Smell (Nature), CY 11:15 Trip: Lunch Outing, O 1:30 Trip: Scenic Ride, O 2:30 Documentary Traveling Places (Video), AR 6:30 A Taste for Wine & Murder, IL
Thursday, 11:10 a.m. Lunch Outings Thursday, 2 p.m. Trip: Scenic Ride Sunday, 2 p.m. Trip: Scenic Ride	9:00 Sunday School, IA 9:30 Bible Scripture Reading, AR 10:30 Gospel Sounds, AR 2:00 Trip: Scenic Ride, O 6:45 Individual Art for the Heart, AR	10:00 Fitness & Moves, AR 10:30 Daily Update and Spiritual Reading, AR 11:00 September Word	-	 10:00 Chair Exercise, AR 26 10:30 Tea Time and Coffee, AR 2:00 Bonnie's Singalong, DR 3:15 Root Beer Float, AR 6:45 Fun Flicks & Popcorn, AR 	10:00 Walking Club 27 10:15 Touch and Smell (Nature), CY 11:15 Trip: Lunch Outing, C 1:30 Trip: Scenic Ride, O 2:30 Documentary Traveling Places (Video), AR
"Knowledge is love and light and vision." — Helen Keller	9:00 Sunday School, IA 9:30 Bible Scripture Reading, AR 10:30 Gospel Sounds, AR 2:00 Trip: Scenic Ride, O 6:45 Individual Art for the Heart, AR				
Activities Subject to Change					

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

		FRIDAY	SATURDAY			
-		and the second		1		
	1	Sec. The	10:00	Coupons		
-				Picking, AR		
_	Spor-		11:00	Individual Adult		
đ	NGS-		6.45	Coloring Checkers, AR		
2 A		Provide and	0.15			
6	10:00	Jazzy Exercise, AR 7		8		
	10:30	Book Club & Chat	10.00	-		
	11.00	w/Doughnuts, AR It All Happened in	10:00	Coupons Picking, AR		
g, O	11.00	September, AR	11:00	Individual Adult		
C		Bingo w/Prizes, AR		Coloring		
		TGIF Social, AR Puzzles/Board	6:45	Checkers, AR		
		Games, AR				
13	10:00	Jazzy Exercise, AR 14		15		
	10:30	Book Club & Chat w/ Doughnuts, AR	10:00	Coupons		
g, O	11:00	It All Happened in		Picking, AR		
5 C	2:00	<i>September, AR</i> Bingo w/Prizes, AR	11:00	Individual Adult Coloring		
	3:00	S'mores Day Social, AR	6:45	Checkers, AR		
	6:00	Puzzles/Board Games, AR				
20	10:00	Jazzy Exercise, AR 21	AUTUMN	BEGINS 22		
		Book Club & Chat w/				
0	11:00	Doughnuts, AR It All Happened in	10:00	Coupons Picking, AR		
		September, AR	11:00	Individual Adult		
ing	2:00 3:15	Bingo w/Prizes, AR <i>TGIF Social, AR</i>		Coloring		
		Puzzles/Board	6:45	Checkers, AR		
07		Games, AR		00		
27	10:00	Jazzy Exercise, AR		29		
	10:30	Book Club & Chat w/Doughnuts, AR	10:00	'		
g, O	11:00	It All Happened in	11:00	Picking, AR Individual Adult		
С	2:00	September, AR Birthday Celebration	11.00	Coloring		
	2.00	w/Roberta, IL	6:45	Checkers, AR		
	3:15	Bingo w/Prizes, AR				
	1		-			