

## Here Comes Ice Cream

Nothing says summer like the tinkling tunes of the neighborhood ice cream truck, instantly making mouths water for a frozen treat.

Ice cream vendors have been peddling cold concoctions on city streets since the 1800s, announcing their presence with bells, harmonicas, barrel organs or their own singing voices.

In the 1920s, motorized trucks began to replace pushcarts and wagons, but drivers still relied on bells to advertise their frosty offerings. Weary of manually clanging the bells all day, some vendors strapped music boxes to their vehicles, blasting out folk songs such as “Turkey in the Straw,” “The Entertainer” and “Pop Goes the Weasel.”

The music was a marketing success, creating a need for electronic music boxes made for ice cream trucks. As the industry took off in the 1950s, data showed that trucks with music boxes sold twice as much ice cream as those with bells.

Nowadays, ice cream trucks continue to crank out old-fashioned tunes, enticing customers with nostalgia and, of course, tasty treats.

## Savor Some Soul Food

June is National Soul Food Month, a time to celebrate this delicious and unique variety of cuisine that originated in the African American culture of the South.

The main staples of soul food cooking are beans, greens (collards, mustard and kale), cornmeal and pork. In addition to common cuts of pork, soul food recipes may call for pigs’ feet, ham hocks or pig ears. Common soul food flavorings are garlic, onions, thyme and bay leaves.

Widely known soul food dishes include fried chicken and fried fish; ham and ribs; garden vegetables such as sweet potatoes, okra and butter beans; and grits, cornbread and biscuits.

Hoppin’ John, a mixture of black-eyed peas and rice seasoned with onions and bacon or ham hocks, is often served on New Year’s Day for good luck.

A soul food meal wouldn’t be complete without dessert, which typically comes in the form of fruit cobblers or pies such as pecan or sweet potato.

## A Playlist for Pops

This Father’s Day, press play on these sweet songs that celebrate the bond between dads and their children.

**“Color Him Father”:** A top 10 hit for R&B group the Winstons, this upbeat track from 1969 sings the praises of a kind, hardworking stepfather to a widow’s seven children.

**“Father and Son”:** When listening to this 1970 Cat Stevens song, note when the singer-songwriter is singing in a lower register and when he goes up an octave. The deep verses are the father’s side of the conversation, and the higher verses are the son’s response.

**“Daddy’s Hands”:** Country singer Holly Dunn wrote this sweet tribute as a Father’s Day gift for her dad. Released in 1986, it spent six months on the country charts and made Dunn a Nashville star.

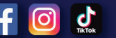
**“I’m Already There”:** This 2001 single by country group Lonestar resonated with listeners familiar with the message of a father away from home, especially those deployed in the military. The band later recorded a version that included phone calls from soldiers to their loved ones.

**“Dance With My Father”:** Though he lost his father at age 7, Luther Vandross held on to memories of his parents happily dancing in their home. This sentimental ode struck a chord with listeners, sending the song to No. 1 on the R&B charts in 2003.

# The Devonshire Lifestyle



Like Us!



Assisted Living Community

2220 Executive Drive • Hampton, VA 23666 • (757) 827-7100 • [www.devonshireseniorliving.com](http://www.devonshireseniorliving.com)

JUNE 2022

## A Note From Our Executive Director

Dear Residents,  
Family  
and Friends,

Summer is almost here! We are looking forward to sitting outside more to get some vitamin D and fresh air. As always, remember to stay hydrated and drink lots of water. We have a hydration station in the Lobby with fresh water for your convenience.



We have more exciting activities and events planned for you this month. We have a representative from Wild Birds Unlimited coming in to talk about hummingbirds. We have a bus trip to Bluebird Gap Farm planned and, last but not least, we have a 1950s-themed Sock Hop planned! We hope you will all attend! Wishing all of our dads a Happy Father’s Day!

Sincerely,  
Natalie Fox  
Executive Director

## June Employee of the Month

Patricia Banks is our June Employee of the Month. She is our daytime Concierge and has been with The Devonshire almost a year and a half. Patricia is always helpful and friendly. She enjoys helping our residents and getting to know them. In her spare time she loves spending time with her grandbabies, baking cakes and she loves fashion and shopping. Her favorite vacation spot is Daytona Beach, Fla. She also hopes to travel one day to Puerto Rico.







## Locations

Activities Room, AR  
Activities Room Hallway, AH  
Courtyard, CY  
Dining Room, DR  
Independent Living  
Activities Room, IA  
Independent Living  
Dining Room, IL  
Outing, O  
Patio, P  
Windsor Room, WR

## Birthdays

Jocelyn Howard, 5th  
Marion Wilson, 10th  
Herman Smith, 13th  
Shirley Vaughn, 14th

## Country Store

**Tuesday**  
11 a.m.-Noon

**Thursday**  
10-11 a.m.

**"If you're grateful, you  
can find happiness  
in everything."**

—Pharrell Williams

*Activities Subject to Change*

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
						10:00 Spiritual Reading, AR 10:30 Exercise and Weights, AR 11:00 Easy Listening Music, AR 1:30 Bingo w/Prizes, AR 2:30 <i>Outside w/Nature, CY</i> 3:30 Card Games, AR		1 10:15 <b>Outside w/ Bubba Day, CY</b> 10:30 Coffee and Tea w/ Pastries Chat, AR 11:00 <b>Hot Topics: News, AR</b> 1:30 Trip: Scenic Ride, O 2:30 At the Movies (Comedy), AR 3:00 Popcorn & Drinks, AR		2 10:00 Fitness and Fun, AR 10:30 Facts and Trivia for May 11:00 Easy Listening Music, AR 2:30 Happy Hour, AR 3:30 Card Games, AR		3 10:00 Individual Word Finding and Crossword Puzzle 11:00 <b>Individual Adult Coloring</b> 2:30 At Movies w/ Cookies, AR 3:00 <b>Sports Hour (Men's Group), AR</b>	
5 9:15 <b>Hampton Christian Church, AR</b> 10:30 Gospel Sounds in Activity Room, AR 2:00 Sunday Afternoon at the Movies, AR 5:00 Individual Art		6 10:00 Exercise and Weights, CY 10:30 <b>Hot Cocoa and Chat w/Muffins, AR</b> 11:00 <b>30-Minute News: CNN, AR</b> 1:30 <b>Presentation on Hummingbirds, AR</b> 2:30 Bingo w/Prizes, AR 3:30 Travel USA, AR		7 10:00 Coffee, Tea and Pastry Hour, AR 10:15 <b>Brain Exercise w/Legacy, AR</b> 11:00 Outside w/ Nature, CY 1:30 <b>Nail Care, AR</b> 2:30 <b>National Chocolate Ice Cream Day, AR</b> 3:30 Library Books		8 10:00 Spiritual Reading, AR 10:30 Exercise and Weights, AR 11:00 Price Is Right, AR 1:30 Bingo w/Prizes, DR 3:30 Card Games, AR		9 10:00 Physical Games (Ball Toss), AR 10:30 Coffee and Tea w/ Pastries Chat, AR 11:00 <b>Hot Topics: News, AR</b> 2:30 At the Movies (Comedy), AR 3:00 Popcorn & Drinks, AR 5:00 <b>Special Event: Sock Hop Entertainment w/Buz, DR</b>		10 10:00 Fitness and Fun, AR 10:30 Family Feud Teams, AR 11:00 Outside Chat w/Trivia 1:30 Bingo w/Prizes, DR 2:30 <b>TGIF Social and Jazz &amp; wine, AR</b> 3:30 Card Games, AR		11 10:00 Individual Word Finding and Crossword Puzzle 11:00 <b>Individual Adult Coloring</b> 1:30 <b>Trip: Scenic Ride</b> 2:30 At Movies w/ Cookies, AR 3:00 <b>Sports Hour (Men's Group), AR</b>	
12 9:15 <b>Hampton Christian Church, AR</b> 10:30 Gospel Sounds in Activity Room, AR 2:00 Sunday Afternoon at the Movies, AR 5:00 Individual Art		13 10:00 Fitness and Fun, AR 10:30 Outside w/ Nature, CY 11:00 <b>30-Minute News: CNN, AR</b> 1:30 Bingo w/Prizes, DR 3:00 <i>World News and Drinks, AR</i>		14 FLAG DAY 10:15 <b>Special Event w/ Legacy, AR</b> 11:00 <b>Flag Day Painting, AR</b> 1:30 <b>Nail Care, AR</b> 2:00 <b>At the Movies (Musical), AR</b> 2:30 Art and Crafts 3:30 Library Books		15 10:00 Spiritual Reading, AR 10:30 Exercise and Weights, AR 1:30 Bingo w/Prizes, DR 2:30 Nature Video on Wildlife, AR 3:30 Card Games, AR		16 10:00 Physical Games (Ball Toss), AR 10:30 Coffee and Tea w/ Pastries Chat, AR 11:00 <b>Hot Topics: News, AR</b> 11:00 <b>Trip: Lunch Outing, O</b> 2:30 At the Movies (Comedy), AR 3:00 Popcorn & Drinks, AR		17 10:00 Fitness and Fun, AR 10:30 Facts and Trivia for June, AR 11:00 News & Views, AR 1:30 Bingo w/Prizes, AR 2:30 <b>Pre-Father's Day Social, AR</b> 3:30 Card Games, AR		18 10:00 Individual Word Finding and Crossword Puzzle 11:00 <b>Individual Adult Coloring</b> 2:30 At Movies w/ Cookies, AR 3:00 <b>Sports Hour (Men's Group), AR</b>	
19 FATHER'S DAY 9:15 <b>Hampton Christian Church, AR</b> 10:30 Gospel Sounds in Activity Room, AR 2:00 Sunday Afternoon at the Movies, AR 5:00 Individual Art		20 10:00 Chair Exercise w/Weights, AR 11:00 <b>30-Minute News: CNN, AR</b> 1:30 Bingo w/Prizes, AR 2:30 Summer Ice Cream Sundae, AR 3:30 Card Games (Uno), AR		21 SUMMER BEGINS 10:15 <b>Brain Exercise w/Legacy, AR</b> 10:45 Hydration and Drinks, AR 1:30 <b>Nail Care, AR</b> 3:00 <b>Summer Drinks and Fun Facts in June, CY</b> 3:30 Library Books		22 10:00 Spiritual Reading, AR 10:30 Exercise and Weights, AR 1:30 Bingo w/Prizes, DR 2:00 <b>Resident Council Meeting, AR</b> 2:30 <b>Menu Chat, AR</b> 3:30 Card Games, AR		23 10:00 Physical Games (Ball Toss), AR 10:30 Coffee and Tea w/ Pastries Chat, AR 11:00 <b>Hot Topics: News, AR</b> 2:30 Nature Video in Africa, AR 3:00 Popcorn & Drinks, AR		24 10:00 Fitness and Fun, AR 11:00 Outside w/ Homemade Lemonades, CY 1:30 Bingo w/Prizes, DR 3:00 Happy Hour and Music, AR 3:30 Card Games, AR		25 10:00 Individual Word Finding and Crossword Puzzle 11:00 <b>Individual Adult Coloring</b> 1:30 Trip: Scenic Ride 2:30 At Movies w/ Cookies, AR 3:00 <b>Sports Hour (Men's Group), AR</b>	
26 9:15 <b>Hampton Christian Church, AR</b> 10:30 Gospel Sounds in Activity Room, AR 2:00 Sunday Afternoon at the Movies, AR 5:00 Individual Art		27 10:00 Fitness and Fun, AR 10:30 <i>Finish Line and Second Chance, AR</i> 11:00 <b>30-Minute News: CNN, AR</b> 1:30 Bingo w/Prizes, DR 3:00 Baking Cookies w/ Hot Cocoa, AR		28 10:15 <b>Brain Exercise w/Legacy, AR</b> 11:00 Price Is Right, AR 1:30 <b>Nail Care, AR</b> 2:30 Nature: Potting Spring Flower, CY 3:30 Library Books		29 10:00 Spiritual Reading, AR 10:30 Exercise and Weights, AR 11:00 Finish Line and Word Games, AR 1:30 Bingo w/Prizes, DR 2:30 Outside Chat w/ Drinks, CY 3:30 Card Games, AR		30 10:00 Physical Games (Ball Toss), AR 10:30 Coffee and Tea w/ Pastries Chat, AR 11:00 <b>Hot Topics: News, AR</b> 1:30 <b>Trip: Dollar Tree</b> 2:30 At the Movies (Comedy), AR 3:00 Popcorn & Drinks, AR					