

Dandy Candy Facts

Whether chocolaty, chewy or crunchy, candy is a favorite treat. Indulge in these tidbits about some popular sweets.

- About 65% of American candy brands have been around for over 50 years.
- Candy corn was originally called “chicken feed,” since it resembled the corn kernels fed to livestock.
- The Snickers bar was named after a racehorse that once belonged to the Mars family, whose company makes the candy bars.
- More than 60 million Tootsie Rolls are produced every day.
- M&M’s are one of the most popular sweets requested by NASA astronauts.
- Milky Way candy bars are named for a popular 1920s malted milkshake, not for our home galaxy.
- When the 3 Musketeers bar debuted in 1932, it came in three pieces of flavored nougat — chocolate, vanilla and strawberry. Vanilla and strawberry were phased out due to World War II rationing.
- Pez candies got their name from the German word for peppermint, pfefferminz.

Migrating Monarchs

Each autumn, millions of monarchs take to the skies to begin their journey to a warmer climate for the winter. The annual migration is one of nature’s most fascinating spectacles.

Cooler temperatures and shorter days alert the orange-and-black butterflies to take flight. Those west of the Rocky Mountains head to Southern California, where thousands hibernate in forests along the coast. But swarms of the eastern population travel much farther, from Canada and the northeastern U.S. to the mountains of central Mexico — a distance of nearly 3,000 miles. Monarchs numbering in the millions take shelter in the fir trees there.

How the butterflies find their way to the same sites year after year is a mystery to scientists, but they believe the insects use the sun as a compass. Even more remarkable is that new generations arrive each fall and settle in the same trees as their ancestors did!

When spring comes, monarchs begin their flight back north, laying eggs on milkweed plants along the way. When the caterpillars hatch and transform into butterflies, they continue the trip northward.

Fall Classic Facts

From the first pitch to the last out, the World Series is the highlight of every MLB season. Look over this lineup of facts about the Fall Classic.

- At the first World Series, in 1903, the Boston Americans defeated the Pittsburgh Pirates five games to three.
- American League teams have claimed the most World Series championships.
- With a wind chill of 18 degrees and snow flurries flying, Cleveland hosted the coldest Series game on record in 1997.
- The temperature soared to 103 degrees at Los Angeles’ Dodger Stadium in 2017, the hottest game on record.
- Awarded since 1967, the sterling silver Commissioner’s Trophy is 24 inches tall and weighs 30 pounds. It features 30 metal flags representing every MLB team.
- Handing out rings to the winning team’s players and coaches became an annual tradition in the 1930s.
- The New York Yankees have won the most World Series titles, 27 in all.
- At 18 innings and 7 hours, 20 minutes, Game 3 in 2018 was the longest in Series history. The Los Angeles Dodgers beat the Boston Red Sox in that duel, but the Sox went on to win the championship.

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OCTOBER 2019

Happy October!

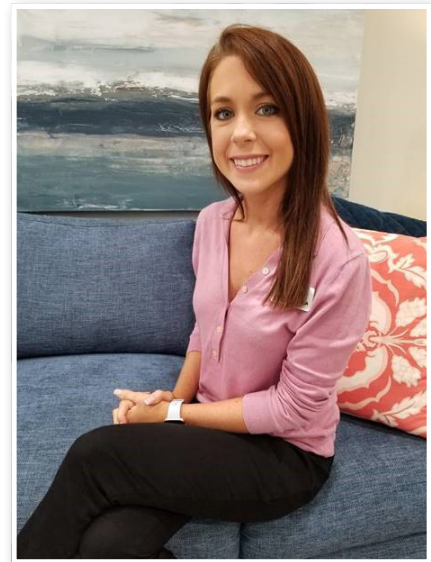
I hope you had a wonderful end to your summer and are as excited as I am to usher in the fall season this month! We are so fortunate to live in the beautiful state of Virginia and to get to enjoy all of the season changes. The days may be getting slightly cooler and the daylight may be slightly less each day, but October promises to be a busy month here at The Devonshire; I hope you enjoy all of our fall activities! I also look forward to all of the wonderful food coming from Chef Don and his dining team that will be sure to keep us warm during these cooler days!

We are always striving to do better here at The Devonshire, and I personally want to hear from you. I hope to see you soon and learn from you what we can do to make things better than ever!

Sincerely,

Natalie Fox

Executive Director



Activities for Breast Cancer Awareness Month

Every October, people come together to support the fight against breast cancer, and there are numerous ways to get involved.

Put on some pink — The color pink is a global symbol of breast cancer awareness. Sporting a pink ribbon and other accessories is a simple way to spark conversation about the disease. Some workplaces, schools and other groups designate a Pink Out Day, when participants make a donation and dress in pink to raise money and awareness.

Walk for a cure — Communities often host a 5K race or walk-a-thon in honor of Breast Cancer Awareness Month. These fundraising events allow people to join together and show widespread support to those battling breast cancer.

Go shopping — Many national brands and local businesses run promotions during October, when proceeds from the sales of specific items are donated to breast cancer organizations. Whether buying clothing, beauty products or baked goods, shopping can help fund the cause.

Give back — If you want to contribute money, choose charities that focus on patient support and/or research initiatives. To donate items such as blankets, hats and cards of encouragement, check with local hospitals and treatment centers to see if they accept donations for their breast cancer patients.



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Locations

Activities Room, AR
Court Yard, CY
Craft Room, CR
Dining Room, DR
Game Room, GR
Windsor Room, WR

Birthdays

Rufus Easter, 5th
Barbara Rogers, 5th
William "Bill" Owens, 17th
Ruth Saunders, 19th
Elizabeth "Liz" Green, 20th
Robert "Bob" Davis, 21st
Sandra Hall, 22nd
Barbara Richards, 22nd
Vida Williams, 23rd
Marjorie Riley, 30th
Richard Pawlewicz, 30th

Transportation Schedule

Monday, 9:30 a.m.
Bank Runs
Tuesday & Wednesday, 8:30-11 a.m.
(Hampton Only)
Doctor Runs
Tuesday & Wednesday, 1-3 p.m.
(Newport News Only)
Doctor Runs
Tuesday, 3 p.m.
Walmart Lover's
Thursday, 11:10 a.m.
Lunch Outings
Thursday, 2-4 p.m.
Scenic Ride
Friday, 9:45 a.m.
Shopping and Other Outings
Saturday, 10 a.m.
Various Shopping Destinations
Sunday, 9 a.m.-1 p.m.
Church Runs

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:00 Medical Runs, 48 Hour Notice ¹ 10:00 International Coffee Day Fun!, AR 1:00 Prize Bingo, AR 2:00 Wal Mart Shoppers 3:00 Netflix Pick Residents' Choice, AR 4:00 News Update, AR	9:00 Medical Runs, Request in Advance! ² 10:00 Lounge w/Classical Music, AR 1:00 Celebrate Our Custodial Team Reception!, WR 1:00 Bible Study (1 Hour), AR 2:00 Continuous Crafts Jewelry, AR 4:00 News Updates, AR	9:00 Classical Music and Morning Paper, AR ³ 10:00 Conversation w/ Tea Time, AR 10:00 Scrabble w/ Friends, WR 1:00 Jigsaw Fun, AR 3:00 Jackpot Bingo, AR 3:00 Card Games Challenge a Peer, WR	9:00 Lobby Lounging and Chats, AR ⁴ 10:00 Shopping: CHKD Thrift Store Mandalas & Adult Coloring, WR 10:30 Balance Exercise Class, AR 1:00 Shopping: Steinmart 2:00 Popcorn Friday w/ Friends, AR 3:00 Happy Hour — Vodka Day, DR 5:30 News Updates, AR	9:00 Saturday Paper w/Friends, AR ⁵ 10:00 Shopping: Dollar General 10:30 Adult Coloring, WR 1:00 Puzzles and Table Games, AR 2:00 Netflix Pick — Residents' Choice, WR 3:00 Lounging w/Friends, WR 5:30 Evening News, AR
9:00 Church Runs ⁶ 9:30 Big Screen Gospel and Bible Word Puzzles, AR 10:30 Open Table Games, AR 1:00 Scrabble w/ Friends, AR 6:00 Evening News, AR	9:30 Bank Runs ⁷ 10:00 Morning Paper & Talk, AR 10:30 Monday Morning Fitness, AR 2:00 Penny Pitchin', AR 2:30 Dining Services Meeting, AR 8:00 Just for the Guys Host: Monday Night Football, WR	YOM KIPPUR BEGINS AT SUNSET ⁸ 9:00 Medical Runs, 48 Hour Notice 10:00 Coffee Hour and Chat, AR 10:00 Let's Play Bridge, WR 1:00 Prize Bingo, AR 2:00 Wal Mart Shoppers 3:00 Netflix Pick Residents' Choice, AR 4:00 News Update, AR	9:00 Medical Runs, Request in Advance! ⁹ 10:30 Flex and Stretch Exercise Class, AR 11:00 Inspirational Reading, AR 1:00 Bible Study (1 Hour), AR 2:00 Continuous Crafts Jewelry, AR 2:30 Town Hall Meeting, AR 4:00 News Updates, AR	9:00 Classical Music and Morning Paper, AR ¹⁰ 10:00 Scrabble w/Friends, WR 10:00 Annual Health Fair 1:00 Jigsaw Fun, AR 3:00 Jackpot Bingo, AR 3:00 Card Games Challenge a Peer, WR 5:00 Cinema Cafe Dinner Movie Approx. \$25	9:00 Lobby Lounging and Chats, AR ¹¹ 10:00 Shopping: Gabe's Balance Exercise Class, AR 1:00 Shopping: Ross 2:00 Popcorn Friday w/ Friends, AR 3:00 Happy Hour/Share Southern Recipies, AR 5:30 News Updates, AR	9:00 Saturday Paper w/Friends, AR ¹² 10:00 Shopping: Dollar Tree 1:00 Bridge and Scrabble, AR 2:00 Netflix Pick — Residents' Choice, WR 3:00 Lounging w/ Friends, WR 5:30 Evening News, AR
9:00 Church Runs ¹³ 9:30 Big Screen Gospel and Bible Word Puzzles, AR 10:30 Open Table Games, AR 1:00 Scrabble w/ Friends, AR 6:00 Evening News, AR	COLUMBUS DAY ¹⁴ 9:30 Bank Runs 10:00 Morning Paper & Talk, AR 10:30 Monday Morning Fitness, AR 2:00 Food Bank Week Collections 2:00 Penny Pitchin', AR 2:30 Teddy Bear Raffle, AR 8:00 Just for the Guys Host: Monday Night Football, WR	9:00 Medical Runs, 48 Hour Notice ¹⁵ 10:00 Coffee Hour and Chat, AR 10:00 Let's Play Bridge, WR 1:00 Prize Bingo, AR 2:00 Wal Mart Shoppers 3:00 Netflix Pick Residents' Choice, AR 4:00 News Update, AR	9:00 Medical Runs, Request in Advance! ¹⁶ 12:30 National Boss's Day Social!, WR 1:00 Bible Study (1 Hour), AR 2:00 Continous Crafts, AR 2:30 Scrabble Club, AR 4:00 News Updates, AR	9:00 Classical Music and Morning Paper, AR ¹⁷ 10:00 Conversation w/ Tea Time, AR 10:00 Scrabble w/Friends, WR 1:00 Jigsaw Fun, AR 3:00 Jackpot Bingo, AR 3:00 Card Games Challenge a Peer, WR 5:30 October (Oktober) Fest, DR	9:00 Lobby Lounging and Chats, AR ¹⁸ 10:00 Shopping: Roses 10:30 Balance Exercise Class, AR 1:00 Shopping: Food Lion 2:00 Elmo Lawrence Sings, AR 2:00 Popcorn Friday w/ Friends, AR 5:30 News Updates, AR	9:00 Saturday Paper w/Friends, AR ¹⁹ 10:00 Shopping: Kroger Bring Back Bridge Club, AR 1:30 Trip: Scenic Ride 2:00 Netflix Pick — Residents' Choice, WR 3:00 Lounging w/ Friends, WR 5:30 Evening News, AR
9:00 Church Runs ²⁰ 9:30 Big Screen Gospel and Bible Word Puzzles, AR 10:30 Open Table Games, AR 1:00 Scrabble w/ Friends, AR 6:00 Evening News, AR	9:30 Bank Runs ²¹ 10:00 Morning Paper & Talk, AR 10:30 Monday Morning Fitness, AR 10:30 Monday Fitness Strong Legs 2:00 Penny Pitchin', AR 6:00 South Hampton Women's Bingo, AR 8:00 Just for the Guys Host: Monday Night Football, WR	9:00 Medical Runs, 48 Hour Notice ²² 10:00 Coffee Hour and Chat, AR 10:00 Let's Play Bridge, WR 1:00 Prize Bingo, AR 2:00 Wal Mart Shoppers 3:00 Netflix Pick Residents' Choice, AR 4:00 News Update, AR	9:00 Medical Runs, Request in Advance! ²³ 10:00 You Tube Movie Clips, AR 10:30 Flex and Stretch Exercise Class, AR 11:00 Inspirational Reading, AR 1:00 Bible Study (1 Hour), AR 1:30 Wine and Paint Social, AR 2:00 Continuous Crafts Jewelry, AR 4:00 News Updates, AR	9:00 Classical Music and Morning Paper, AR ²⁴ 10:00 Conversation w/ Tea Time, AR 10:00 Scrabble w/Friends, WR 1:00 Jigsaw Fun, AR 3:00 Jackpot Bingo, AR 3:00 Card Games Challenge a Peer, WR 5:00 Cinema Cafe Dinner Movie Approx. \$25	9:00 Lobby Lounging and Chats, AR ²⁵ 10:00 Shopping: Save-A-Lot 10:30 Balance Exercise Class, AR 1:00 Shopping: J.C. Penney 2:00 Frankenstein Friday!, AR 2:00 Popcorn Friday w/ Friends, AR 3:00 Happy Hour Ticket Drawing!, AR 5:30 News Updates, AR	9:00 Saturday Paper w/Friends, AR ²⁶ 10:00 Shopping K Mart (Going Out of Business Dec) 2:00 Netflix Pick — Residents' Choice, WR 3:00 Lounging w/ Friends, WR 5:30 Evening News, AR
9:00 Church Runs ²⁷ 9:30 Big Screen Gospel and Bible Word Puzzles, AR 10:30 Open Table Games, AR 1:00 Scrabble w/ Friends, AR 6:00 Evening News, AR	9:30 Bank Runs ²⁸ 10:00 Morning Paper & Talk, AR 10:30 Sit and Be Fit Exercise Class, AR 1:30 Crossword Puzzles and Word Games, AR 2:00 Penny Pitchin', AR 2:30 Champagne & Chocolate Day w/Ticket Drawing, AR 8:00 Just for the Guys Host: Monday Night Football, WR	9:00 Medical Runs, 48 Hour Notice ²⁹ 10:00 Coffee Hour and Chat, AR 10:00 Let's Play Bridge, WR 10:45 Breast Cancer Walk Wear Pink! (Lobby) 1:00 Prize Bingo, AR 1:30 Birthday Party w/Roberto!, AR 2:00 Wal Mart Shoppers 2:30 Paper Bag Candy Stuffed Pumpkin Craft, AR 3:00 Netflix Pick Residents' Choice, AR 4:00 News Update, AR	9:00 Medical Runs, Request in Advance! ³⁰ 10:45 Line Up Alzheimer's Indoor/Outdoor Walk (Lobby) 1:00 Bible Study (1 Hour), AR 2:00 Breast Cancer Alzheimer's Walk Reception, AR 2:00 Continuous Crafts Jewelry, AR 4:00 News Updates, AR	HALLOWEEN ³¹ 9:00 Classical Music and Morning Paper, AR 10:00 Conversation w/Tea Time, AR 10:00 Scrabble w/Friends, WR 1:00 Jigsaw Fun, AR 2:00 Halloween Party w/ Billy Michell, DR 3:00 Jackpot Bingo, AR 3:00 Card Games Challenge a Peer, WR 6:00 Trick or Treaters Invasion (Lobby)		