

## Dandy Candy Facts

Whether chocolaty, chewy or crunchy, candy is a favorite treat. Indulge in these tidbits about some popular sweets.

- About 65% of American candy brands have been around for over 50 years.
- Candy corn was originally called “chicken feed,” since it resembled the corn kernels fed to livestock.
- The Snickers bar was named after a racehorse that once belonged to the Mars family, whose company makes the candy bars.
- More than 60 million Tootsie Rolls are produced every day.
- M&M’s are one of the most popular sweets requested by NASA astronauts.
- Milky Way candy bars are named for a popular 1920s malted milkshake, not for our home galaxy.
- When the 3 Musketeers bar debuted in 1932, it came in three pieces of flavored nougat — chocolate, vanilla and strawberry. Vanilla and strawberry were phased out due to World War II rationing.
- Pez candies got their name from the German word for peppermint, pfefferminz.

## Who’s Whooo of Owls

Symbols of wisdom and insight, owls are found throughout pop culture as characters who exhibit these qualities. Consider a few feathered favorites:

**Friend Owl** — He grumbles about noisy critters keeping him awake and warns about the dangers of getting “twitterpated,” otherwise known as falling in love. But Friend Owl is a wise mentor to the forest animals in the 1942 Disney cartoon “Bambi.”

**Mr. Owl** — This candy mascot was first seen in a 1970 TV commercial attempting to answer the age-old question, “How many licks does it take to get to the Tootsie Roll center of a Tootsie Pop?”

**Woodsy Owl** — Created in 1970 by the U.S. Forest Service, Woodsy taught youngsters to “Give a Hoot, Don’t Pollute.” He continues to make appearances to share his latest eco-friendly slogan: “Lend a Hand, Care for the Land.”

**Hoots the Owl** — Since his debut on “Sesame Street” in 1985, this jazzy Muppet musician has played his saxophone alongside famous entertainers such as Little Richard, Wynton Marsalis and John Legend.

**Hedwig** — Given to Harry Potter for his 11th birthday, this snowy owl served her owner by delivering his messages. Hedwig’s intelligence and loyalty also proved to be valuable assets during the boy wizard’s magical adventures.

## Fall Classic Facts

From the first pitch to the last out, the World Series is the highlight of every MLB season. Look over this lineup of facts about the Fall Classic.

- At the first World Series, in 1903, the Boston Americans defeated the Pittsburgh Pirates five games to three.
- American League teams have claimed the most World Series championships.
- With a wind chill of 18 degrees and snow flurries flying, Cleveland hosted the coldest Series game on record in 1997.
- The temperature soared to 103 degrees at Los Angeles’ Dodger Stadium in 2017, the hottest game on record.
- Awarded since 1967, the sterling silver Commissioner’s Trophy is 24 inches tall and weighs 30 pounds. It features 30 metal flags representing every MLB team.
- Handing out rings to the winning team’s players and coaches became an annual tradition in the 1930s.
- The New York Yankees have won the most World Series titles, 27 in all.
- At 18 innings and 7 hours, 20 minutes, Game 3 in 2018 was the longest in Series history. The Los Angeles Dodgers beat the Boston Red Sox in that duel, but the Sox went on to win the championship.

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OCTOBER 2019

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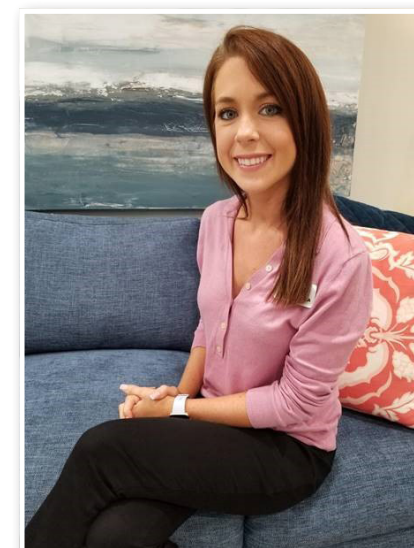
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## Happy October!

I hope you had a wonderful end to your summer and are as excited as I am to usher in the fall season this month! We are so fortunate to live in the beautiful state of Virginia and get to enjoy all of the season changes. The days may be getting slightly cooler and the daylight may be slightly less each day, but October promises to be a busy month here at The Devonshire. I hope you enjoy all of our fall activities! I also look forward to all of the wonderful food coming from Chef Don and his dining team that will be sure to keep us warm during these cooler days!

We are always striving to do better here at The Devonshire, and I personally want to hear from you. I hope to see you soon and learn from you what we can do to make things better than ever!

Sincerely,  
Natalie Fox  
Executive Director



## Activities for Breast Cancer Awareness Month

Every October, people come together to support the fight against breast cancer, and there are numerous ways to get involved.

**Put on some pink** — The color pink is a global symbol of breast cancer awareness. Sporting a pink ribbon and other accessories is a simple way to spark conversation about the disease. Some workplaces, schools and other groups designate a Pink Out Day, when participants make a donation and dress in pink to raise money and awareness.

**Walk for a cure** — Communities often host a 5K race or walk-a-thon in honor of Breast Cancer Awareness Month. These fundraising events allow people to join together and show widespread support to those battling breast cancer.

**Go shopping** — Many national brands and local businesses run promotions during October, when proceeds from the sales of specific items are donated to breast cancer organizations. Whether buying clothing, beauty products or baked goods, shopping can help fund the cause.

**Give back** — If you want to contribute money, choose charities that focus on patient support and/or research initiatives. To donate items such as blankets, hats and cards of encouragement, check with local hospitals and treatment centers to see if they accept donations for their breast cancer patients.



# OCTOBER 2019

## Locations

- Activities Room, AR
- Activities Room Hallway, AH
- Court Yard, CY
- Dining Room, DR
- Game Room, GR
- Independent Living Activities Room, IA
- Independent Living Dining Room, IL
- Outing, O
- Patio, P
- Windsor Room, WR

## Transportation Schedule

- Thursday, 11:10 a.m.  
Lunch Outings
- Thursday, 2 p.m.  
Trip: Scenic Ride

“I still say, shoot for the moon; you might get there.”

— Buzz Aldrin

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		10:00 <i>Physical Games (Golfing and Horse Racing), AR</i> 10:30 Second Chance and Name 10, AR 1:30 <b>Making Root Beer Floats, AR</b> 2:00 Nail Care (Satin Hands), AR 3:00 <b>Willy Wonka Day (Movie), AR</b> 6:00 <b>Abundant Life Tabernacle Church, AR</b>	10:00 Chair Exercise, AR <b>10:30 Men's Groups, AR</b> 11:00 Jiggle All the Way & Horse Racing, AR 2:30 <i>Bingo Bucks, AR</i> 3:15 <i>Adult Coloring (Flowers), AR</i> 4:00 Table Games and Puzzles, AR	10:00 Outside Sitting w/Juice, CY <b>10:30 Reminiscing in October, AR</b> 10:45 Penny Pinch, AR 11:15 Trip: Lunch Outing, O 1:30 Trip: Scenic Ride, O 2:00 <i>Ladies Card Games, AR</i> 3:30 <i>Musical Singalong, AR</i>	10:00 Jazzy Exercise, AR 10:30 Book Club & Chat, AR 11:00 <i>Art and Crafts (Painting), AR</i> <b>11:15 Faces and Places, AR</b> 1:15 Friday Bingo, AR 6:00 Friday at the Movies, AR	10:00 Coupons Picking, AR 10:30 Outside Sitting w/Juice, CY <b>11:00 Individual Adult Coloring</b> 2:00 <i>Trip: Scenic Ride, AR</i> 3:00 Table Games Checkers/Board Game, AR	
	6 9:00 Sunday School, IA <b>9:30 Bible Scripture Reading, AR</b> 10:30 Gospel Sounds, AR 2:00 <i>Sunday Matinee, AR</i> 6:45 Individual Art for the Heart, AR	7 10:00 Fitness & Moves, AR 10:30 What's Up America?, AR <b>11:00 Iced Tea &amp; Outside Trivia, AR</b> 2:00 Bingo w/Prizes, AR 4:00 Table Games and Puzzles, AR	8 YOM KIPPUR BEGINS AT SUNSET <b>10:00 Lemonade &amp; Outside Social, AR</b> 10:00 <i>Physical Games (Golfing and Horse Racing), AR</i> 10:15 Bean Bag Toss, CY 10:30 Second Chance and Name 10, AR 11:00 Health Talk Facts (Fruit Tasting), AR 2:00 Nail Care (Satin Hands), AR 3:00 Traveling USA	9 10:00 Chair Exercise, AR <b>10:30 Men's Groups, AR</b> 11:00 <i>Bible Books and Trivia, AR</i> 2:30 <i>Bingo Bucks, AR</i> 3:15 Nature Crafts, AR 4:00 Table Games and Puzzles, AR	10 10:00 Outside Walking, CY <b>10:00 Annual Health Fair, IA</b> 10:30 Physical Games (Golf), CY 11:15 Trip: Lunch Outing, O 1:30 <i>Trip: Scenic Ride, O</i> <b>2:00 Cheese &amp; Crackers Social, AR</b> 2:00 <i>Ladies Card Games, AR</i> 3:30 <i>Musical Singalong, AR</i> <b>5:00 Oktoberfest Special Events, DR</b>	11 10:00 Jazzy Exercise, AR 10:30 Book Club & Chat, AR 11:00 Card Game (Uno), AR <b>11:15 Faces and Places, AR</b> 1:15 Friday Bingo, AR 6:00 Friday at the Movies, AR	12 10:00 Coupons Picking, AR 10:30 Outside Sitting w/Juice, CY <b>11:00 Individual Adult Coloring</b> 2:00 <i>Trip: Scenic Ride, AR</i> 3:00 Table Games Checkers/Board Game, AR
	13 9:00 Sunday School, IA <b>9:30 Bible Scripture Reading, AR</b> 10:30 Gospel Sounds, AR 2:00 <i>Sunday Matinee, AR</i> 6:45 Individual Art for the Heart, AR	14 COLUMBUS DAY 10:00 Fitness & Moves, AR 10:30 What's Up America?, AR <b>11:00 Iced Tea &amp; Outside Trivia, AR</b> 2:00 Bingo w/Prizes, AR 3:30 Nature Video (Puppies and Kitties), AR 4:00 Table Games and Puzzles, AR	15 10:00 <i>Physical Games (Golfing and Horse Racing), AR</i> 10:30 Second Chance and Name 10, AR 11:00 Jiggle All the Way, AR 2:00 Nail Care (Satin Hands), AR <b>2:30 I Love Lucy Day, AR</b> 3:00 Traveling USA	16 10:00 Chair Exercise, AR 10:30 <i>Art Expression (Flowers), AR</i> <b>10:30 Men's Groups, AR</b> 2:30 <i>Bingo Bucks, AR</i> 4:00 Table Games and Puzzles, AR	17 10:45 Penny Pinch, AR 11:00 Horse Racing, AR 11:15 Trip: Lunch Outing, O 1:30 Trip: Scenic Ride, O 2:00 Yoga w/Tina, AR 3:30 <i>Musical Singalong, AR</i>	18 10:00 Jazzy Exercise, AR 10:30 Book Club & Chat, AR <b>11:15 Faces and Places, AR</b> 1:15 Friday Bingo, AR <b>2:00 Music w/Elmo Lawrence, DR</b> 6:00 Friday at the Movies, AR	19 10:00 Coupons Picking, AR 10:30 Outside Sitting w/Juice, CY <b>11:00 Individual Adult Coloring</b> 2:00 <i>Trip: Scenic Ride, AR</i> 3:00 Table Games Checkers/Board Game, AR
	20 9:00 Sunday School, IA <b>9:30 Bible Scripture Reading, AR</b> 10:30 Gospel Sounds, AR 2:00 <i>Sunday Matinee, AR</i> 6:45 Individual Art for the Heart, AR	21 10:00 Fitness & Moves, AR <b>10:30 The Good Time Singers, DR</b> <b>11:00 Iced Tea &amp; Outside Trivia, AR</b> 2:00 Bingo w/Prizes, AR 4:00 Table Games and Puzzles, AR	22 10:00 <i>Nature Art Work Painting, AR</i> 10:00 <i>Physical Games (Golfing and Horse Racing), AR</i> 11:00 Jiggle All the Way, AR <b>12:45 Resident Council Meeting, AR</b> 2:00 Nail Care (Satin Hands), AR 3:00 Traveling USA <b>7:00 North Hampton Church of Christ, DR</b>	23 10:00 Chair Exercise, AR <b>10:30 Men's Groups, AR</b> 11:00 <i>Bible Books and Trivia, AR</i> 1:30 <i>Musical Video Singalong, AR</i> 2:30 <i>Bingo Bucks, AR</i> 3:15 Nature Crafts, AR 4:00 Table Games and Puzzles, AR	24 10:00 Outside Walking, CY 10:45 Penny Pinch, AR 11:15 Trip: Lunch Outing, O 1:30 Trip: Scenic Ride, O 2:00 <i>Ladies Card Games, AR</i> 3:30 <i>Musical Singalong, AR</i>	25 10:00 Jazzy Exercise, AR 10:30 Book Club & Chat, AR <b>11:15 Faces and Places, AR</b> 1:15 Friday Bingo, AR 2:00 <i>Fun w/Pizza Day</i> <b>3:30 TGIF Social Hour, AR</b> 6:00 Friday at the Movies, AR	26 10:00 Coupons Picking, AR 10:30 Outside Sitting w/Juice, CY <b>11:00 Individual Adult Coloring</b> 2:00 <i>Trip: Scenic Ride, AR</i> 3:00 Table Games Checkers/Board Game, AR
	27 9:00 Sunday School, IA <b>9:30 Bible Scripture Reading, AR</b> 10:30 Gospel Sounds, AR 2:00 <i>Sunday Matinee, AR</i> 6:45 Individual Art for the Heart, AR	28 10:00 Fitness & Moves, AR 10:30 What's Up America?, AR <b>11:00 Iced Tea &amp; Outside Trivia, AR</b> 2:00 Bingo w/Prizes, AR <b>3:00 Card Games: Blackjack (Men's Group), WR</b> 4:00 Table Games and Puzzles, AR	29 10:00 <i>Physical Games (Golfing and Horse Racing), AR</i> 10:30 Second Chance and Name 10, AR 11:00 Jiggle All the Way, AR 2:00 Nail Care (Satin Hands), AR <b>2:00 Birthday Party of the Month, IA</b> 3:00 <i>Outside w/Nature, CY</i> 3:00 Traveling USA	30 10:00 Chair Exercise, AR <b>10:30 Men's Groups, AR</b> <b>10:45 Alzheimer's Walk, AH</b> <b>2:00 Breast Cancer Walk, AH</b> 2:30 <i>Bingo Bucks, AR</i> 4:00 Table Games and Puzzles, AR	31 HALLOWEEN 10:45 Penny Pinch, AR 11:15 Trip: Lunch Outing, O 1:30 Trip: Scenic Ride, O 2:00 <i>Ladies Card Games, AR</i> <b>2:00 Halloween Party Music by Billy Mitchell, IL</b> 3:30 <i>Musical Singalong, AR</i>		